

PRESS RELEASE



Rep. Albert Hale

D-St. Michaels (District 7)

www.azhousedemocrats.com

FOR IMMEDIATE RELEASE
Feb. 13, 2015

Contact: C. Murphy Hebert
602-926-5848
cmhebert@azleg.gov

Hale continues to call for the federal government to formally recognize the sovereign status of Indian Nations

STATE CAPITOL, PHOENIX – Rep. Albert Hale, D-St. Michaels (District 7), gave an impassioned speech at the Arizona House of Representatives on Thursday, calling for the federal government to recognize the sovereign status of Indian Nations. He opposed HCR 2003, a bill calling for a constitutional convention, because it did not include a provision requiring recognition of Indian Nation sovereignty.

"This is a matter of correcting an inequity that has existed for centuries. Indian people are not covered by the U.S. Constitution, but they are subject to the authority of Congress. Ultimately, this is why Native Americans were pushed onto reservations. It was also used to take land from them without compensation, which is a right guaranteed by the constitution except for Indian people," Hale said. "We were the first ones here. This was our land. The sovereignty of Indian Nations is inherent. The government should formally recognize that."

The measure passed 32 to 26, and now goes to the Senate for consideration.

For more information on HCR 2003, go to <http://www.azleg.gov/DocumentsForBill.asp?BillNumber=hcr2003&SessionId=114&image.x=6&image.y=11>.

Rep. Hale is an enrolled member of the Navajo Nation. He was born in Ganado and raised in Klagetoh, Arizona. He is Ashlihi (Salt), born for Todichilini (Bitter Water). His maternal grandparents are Hanaghani (Walk About clan). His paternal grandparents are Kiyani (Tall House clan). He is a 1969 graduate of Fort Wingate High School, a Bureau of Indian Affairs boarding school located east of Gallup, New Mexico. He holds a Bachelor of Science degree from Arizona State University, Tempe, Arizona (1973), and a Juris Doctor degree from the University of New Mexico School of Law, Albuquerque, New Mexico (1977), and an honorary Juris Doctor degree from Phoenix School of Law (2012). He is the former President of the Navajo Nation.

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Arizona House of Representatives
1700 W. Washington St.
Phoenix, Arizona 85007

Issue #05
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House Government and Higher Education Committee Approves Delayed Birth Certificate Bill*Submitted by: Adeline Crozier | Hualapai Tribal Administration***Rep. Albert Hale**

D-St. Michaels (District 7)

www.azhousedemocrats.com

FOR IMMEDIATE RELEASE

Contact: C. Murphy Hebert

Feb. 12, 2015

602-926-5848

cmhebert@azleg.gov**House Government and Higher Education Committee approves delayed birth certificate bill**

STATE CAPITOL, PHOENIX – Today, the House Government and Higher Education Committee approved HB2157 unanimously. Rep. Albert Hale, D-St. Michaels (District 7), introduced the bill, which would codify recent action by the Arizona Department of Health Services to make it easier for Native Americans to obtain a delayed birth certificate in the state.

"This is a very important issue to many communities in Arizona, particularly Native American communities. I am pleased that my colleagues have made correcting this hardship a priority, and I look forward to continuing to work with them to pass this legislation," Hale said. Rep. Victoria Steele, D-Tucson (District 9), similarly stressed the value of birth certificates and the positive impact this bill would have on Native Americans in the state. "A birth certificate is vital for Native Americans to be able to exercise their rights as citizens," Steele said. "I look forward to working with my colleagues in approving the delayed birth certificate bill."

This bill would make permanent the Arizona Department of Health Services policy that streamlined the process for Native Americans and others to receive delayed birth certificates. Previously, getting a delayed birth certificate required producing seven separate forms of verification that a person was born at a specific time and place. Many Native Americans are born at home and do not get a birth certificate issued at the time of birth, and securing the necessary documentation is often difficult. A birth certificate is important documentation for getting social security and other benefits.

Coconino County Supervisor Lena Fowler testified in support of the bill today. She highlighted the difficulties people face trying to collect the documentation currently needed.

"Native Americans from all reaches of our state have to make several trips to Phoenix and produce various documents to verify that they were born at a specific time and place. It is not uncommon that many of them speak no English. Some are among the most traditional Native Americans and should be considered living treasures. In case after case, it was apparent that all the requirements were both overwhelming and incomprehensible," she said.

Fowler added that the new process will help all 22 Native American tribes in Arizona. Michael T. Allison, the Native American liaison for the Arizona Department of Health Services, added that this process was developed in consultation with all 22 tribes. There were two official tribal consultation meetings in July and September of 2014. "This new process has broad tribal support," Allison said. "The department is very supportive of working with Native American tribes in Arizona and promoting policies that would improve the health of the American Indians in our state." Hale, Fowler and Allison expressed gratitude to the House Government and Higher Education Committee Chairman Rep. Bob Thorpe, R-Flagstaff (District 6), and to all members of the

committee. "We are grateful for the bipartisan support this issue has received," Hale said. "I am looking forward to further collaboration as this bill moves through the legislative process." Rep. Benally, D-Tuba City (District 7), expressed strong support for the bill and reiterated the affect it would have for many Native Americans in Arizona.

"I appreciate the work of Mr. Hale, Ms. Fowler and Mr. Allison in addressing the issues associated with delayed birth certificates. I know that in some cases, it took individuals years to get a birth certificate. This will alleviate many of the barriers that slow or prevent people from getting this vital documentation." The House Rules Committee will also have to approve the bill before it can be voted on by the entire House.

The full text of HB2157 can be found at:

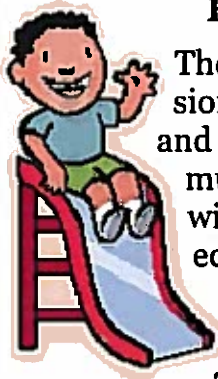
http://www.azleg.gov/DocumentsForBill.asp?Bill_Number=HB2157&Session_ID=114

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Park and Playground Design & Engineering RFP • Due: Friday, March 13th

Submitted by: Kevin Davidson | Hualapai Planning Department

Hualapai Tribe's Park and Playground Design & Engineering RFP



The Hualapai Indian Tribe is seeking a qualified professional licensed in the State of Arizona to provide the design and engineering for a new park and playground in the community of Peach Springs, Arizona. The nearly $\frac{3}{4}$ acre site will include a basketball court, a playground with various equipment including swings, slides, climbing structures, etc., a horseshoe pit, shade ramadas, a water feature and a perimeter jogging track.



The RFP may be downloaded from the Hualapai Tribe's website: <http://hualapai-nsn.gov/>

Questions related to the task assignment shall be submitted to Kevin Davidson by e-mail to (kdavidson@hualapai-nsn.gov) no later than 5:00 PM Arizona Time on Tuesday, March 10, 2015.

Proposals: hard-copy and electronic transmittals must be physically received no later than 5:00 PM Arizona Time on FRIDAY, March 13, 2015.

- Electronic Copies must be submitted to: kdavidson@hualapai-nsn.gov
- Hard Copies may mailed to Hualapai Tribe, P.O. Box 179, Peach Springs, AZ, 86434 or
- Hard Copies may be hand-delivered to Hualapai Planning Office, 887 Hwy 66, Peach Springs, Arizona



The RFP may be downloaded from the Hualapai Tribe's website:
<http://hualapai-nsn.gov>

Assistance Application Notice
Submitted by: Hualapai Planning Department



PLEASE BE ADVISED
PLEASE ALLOW (10) DAYS FOR THE
FINANCE DEPARTMENT TO PROCESS UTILITY BILLS.
CHECKS ARE CUT ON WEDNESDAYS & MAILED OUT ON FRIDAYS
WITH NO EXPECTATIONS.

The Finance Department is NOT responsible for disconnects!!

PER GAMING GUIDELINES:
PLEASE SUBMIT ALL UTILITY BILLS/PROPER PAPERWORK
WITH A COMPLETED ASSISTANCE APPLICATION,
SPECIFICALLY STATING YOUR REQUEST.

ANY QUESTIONS CONTACT TAMARA MARSHALL, 928-769-2216 😊

Hualapai Day Care Information UPDATE

Submitted by: Xavier Benson | Hualapai Day Care

update your
information



Hualapai Day Care

Have you updated your child's information?
Please grab a packet & update ASAP!

Thanks for understanding!



Hualapai Day Care

Hma:ny Ba Viso:jo'

P.O. Box 179/ 475 Hualapai Drive
Peach Springs, AZ 86434
(928) 769-1515/1517/1666
FAX (928) 769-1516



To: All Current Day Care Parents/Guardians

From: Xavier Benson - Acting
Program Manager

Re: Update of Information & Payments

February 5, 2015

This letter is notifying all current Day Care parents/guardians, that every (3) three months, your children's information will need to be updated. We will begin to gather information from the date above, I will allow for a month to gather the information ending on March 5, 2015. If you do not update any information that you know has changed or that we are well aware of, your child's day care services will be suspended. Updates Include:

- Household: Adding or removing individuals that reside within the home.
- Income- Raises, Transfers etc.
- Immunizations: Need to be updated
- Physicals- If annual physical expired
- Cell Phone Numbers
- Adding Individuals to your Pick-Up or Drop-Off list
- Blue Card- Emergency Information: State Mandated
- Guardianship: Documents required for our file
- Other information that your feel as the parent/guardian that needs to be updated you can turn into the center.

Please remember to pay your co-pay at the Tribal Office-Finance Department. All contracts have been signed and are kept on file; your contract is your obligation to pay. The contract is a legal binding, with you as the parent and the Hualapai Day Care Center, and legal action will take place. Deductions will begin pay period #4 for parents that work for the tribe, to have their payments payroll deducted to get their statuses current. If no payment is made I will automatically terminate your child's services, until payment is paid in full.

Thank you for understanding our procedures to keep our day care center up to date with your child's information. If you have any questions or concerns, please do not hesitate to call me at the above number.

Thanks.



It's
Hualapai Day Care Center's
1 year Anniversary
Come celebrate at our
OPEN HOUSE



On
March 6, 2015
12:00pm - 4:00pm
(Lunch Provided-BBQ)
Cake & Ice Cream



Hualapai Day Care Center

Arizona Commission of Indian Affairs (ACIA)

Submitted by: Adeline Crozier | Hualapai Tribal Administration

All events are open to the public. Please read for a detailed summary of items described. Contact information for each item is provided.

1. Applications Sought for Arizona Commission of Indian Affairs Board Members

Governor Ducey will make (5) appointments to serve a term of three years. Candidates for the Commission should meet the following criteria:

- Shall be not less than eighteen years of age and resident of this state;
- Shall be an enrolled member of a tribe located in Arizona;
- Attend meetings (either in phone or in person) scheduled for the 2nd Thursday of each month;
- Provide a letter of nomination from an Arizona Tribe or Tribal Council;

Preference may be given to those with experience in the areas of Education, Cultural Preservation, Public Safety, and Behavioral Health. The Commission serves as the primary contact for state-tribal relations; works to encourage a spirit of cooperation to guide the continuing government-to-government relationship between the State of Arizona, tribal nations and communities; ensure meaningful and timely consultation with tribal leaders to facilitate better understanding, informed decision making, and intergovernmental cooperation. This public body does not have regulatory authority.

By statute, the Commission hosts two distinct events to enhance government-to-government relations. Indian Nations and Tribes Legislative Day at the beginning of the legislative session for the purpose of celebrating the rich culture and history of Arizona's Tribes and Nations and also to address issues of mutual interest. Arizona Indian Town Hall is planned and implemented on an ad hoc basis to create a process that promotes public consideration of issues, builds consensus and supports the implementation of resulting recommendations. As a state government entity, the Commission does not maintain records or speak on the behalf of any tribal nation. Efforts are coordinated in partnership with other state agencies to ensure the state is providing equal access to public services and addressing areas where disparities may exist. Interested candidates may an online application at Arizona Boards and Commissions.

If you need assistance or have questions please contact Kelly Hedman at 602.542.4426 Email khedman@az.gov

2. Summer Medical and Dental Education Program (SMDEP) - Deadline March 1st

SMDEP is a **FREE** six-week academic enrichment summer program for freshmen and sophomore college students from racial

and ethnic groups that have been historically underrepresented in medicine and dentistry—African American, Hispanic/Latino, and American Indian. It is an amazing summer experience. Considering your engagement with Native students, we hope that you can share this with your students and colleagues.

SMDEP is hosted at 12 participating institutions (nine medical and dental site and three medical only sites) across the country with 80 students at each site.

During the six-week program, students are exposed to a variety of academic and career development opportunities aimed at strengthened their profiles as competitive applicants for health professional and graduate schools. Some of the activities included are: Attend classes in the Sciences and Math (Biology, Organic Chemistry, Physics, Calculus, Statistics etc.) Financial planning and career development workshops, and academic counseling. Clinical shadowing in medicine and dentistry this represents about 5% of the program Interview Preparation. Discussions on health policy, disparities and professional ethics SMDEP is funded by the Robert Wood Johnson Foundation and the program is administered by the Association of American Medical Colleges (AAMC) and the American Dental Education Association (ADEA). **The application is now open and the deadline for submission is March 1, 2015.** For more information about SMDEP visit www.smdep.org.

If you have any questions or would like to receive promotional materials, please contact Bridgette Hudson, Communications and Alumni Relations Specialist at bhudson@aamc.org or by phone at [202.828.0953](tel:202.828.0953).

3. 2015 Native American Science and Engineering Program – Deadline March 1st

The Indigenous Alliance is an association of U.S. universities and colleges that are committed to providing college access to Native American/Alaskan Native students who are pursuing a post-secondary degree in Science, Technology, Engineering, or Mathematics (STEM). The Office of Early Academic Outreach partners with The University of Alaska-Anchorage in a National Science Foundation Partnership for Innovation Proposal titled Indigenous Alliance: Pre-College Component Expanding on Success. By participating in the Indigenous Alliance, Arizona joins nine other universities in an attempt to effect a systematic change in the hiring patterns on Indigenous Americans in STEM fields by increasing the number of individuals on the path to leadership in those areas.

The grant secures two years of NSF funding at \$30,000 per year for The University of Arizona to operate NASEP. A grant from the Ak-Chin Casino secured by Karen Francis-Begay and the Center for Integrated Access Networks (CIAN) house out of the College Of Optical Sciences provides matching funds to support the local program. The NASEP project team includes representatives from the Office of Early Academic Outreach, the UA's President's Office, The College of Optical Sciences, Native American Student Affairs, Sunnyside Unified School District, Tucson Unified School District, other school Arizona districts, and current UA students.

More information at <http://eao.arizona.edu/nasep/about> to APPLY NOW: <http://eao.arizona.edu/nasep/applynow>

Need Assistance? Phone: (520) 626-2300 Fax: (520) 626-2307 E-mail: eao@u.arizona.edu

4. Dobson High School Native American Club – 3rd Annual Social Pow Wow – March 7th

1501 West Guadalupe Road, Mesa, Arizona 85202

Youth Preserving Native Traditions: Grand Entry 12:00 pm & 6:00 pm , Gourd Dance 10:00 am & 4:00 pm

Free Admission. All Royalty, Singers, Dancers, and Public Welcome.

Club Sponsor: Misty Willis 480.334.5458 or email mlwillis@mpsaz.org Pow Wow Coordinator: Gabriel Yazzie 480.385.9576

5. 5th Annual Native Business Opportunity Day – April 9th

"We're in this together" Thursday, April 9, 2015 - 8 am to 5 pm Navajo Nation Museum, Window Rock, AZ

Sponsored by the National Center American Indian PTAC, the Phoenix MBDA, American Indian Chamber of Commerce of Arizona, & APS Supplier Diversity and Development • Strengthening Tribal Economies & Native American small businesses • Networking & Learning Opportunities

Especially Designed to Benefit: Current and Aspiring Native American Entrepreneurs; Elected Tribal Leaders and staff; Economic Development and Tourism Professionals; College Administrators, Educators, and

Students; Local, State and Federal Government Agencies, corporations, enterprises and non-profits.

REGISTER at: http://www.ptassist.com/services/ptac_register.php?id=19B1C44660

Reserve your exhibitors' booths before they are all gone by contacting Cyndi Jarvis at cjarvison@ncaied.org.

6. First Things First - Navajo Nation/Quality First Child Care Scholarships

Funded by the First Things First Navajo Nation Regional Partnership Council, scholarships must be used for children from birth through age 5 to attend child care and preschool programs that participate in Quality First, a signature program of First Things First. The scholarship program is administered through Valley of the Sun United Way (VSUW).

To be eligible, students must:

- Attend a post-secondary institution (college or university) at least part time (6 credits minimum per semester)
- Be a permanent resident of the Navajo Nation in Arizona
- Have a household income at or below 200% of the federal poverty level

- Have a child or children between the ages of birth and age 5, not yet in kindergarten
- Other eligibility requirements may apply, and availability is limited.

Balancing parenthood with your education can be a challenge, and child care can be expensive. This scholarship program is designed to assist parents who are permanent residents of the Navajo Nation in Arizona but are temporarily living in other parts of the state while they attend college. Scholarships must be used for children from birth through age 5 to attend child care and preschool programs that participate in Quality First, a signature program of First Things First. Household income and other eligibility requirements apply, and availability is limited.

Visit: www.QFScholarshipsReporting.org Email: regionalscholarships@vsuw.org Call: 866-973-0012

7. Gen-I Native Youth Challenge!

As part of the process of establishing the National Native Youth Network, we invite Native youth and all young people across the country to take part in the Gen-I Challenge. This call to action is the first step in engaging a broad network of people interested in addressing the issues facing Native youth and creating a platform through which Native youth can access information about opportunities and resources, and have their voices and positive contributions highlighted and elevated.

Here's how it works: Youth 14-24, non-profits, and educational institutions are invited to join the National Native Youth Network by accepting the Gen-I Challenge.

Who: Individuals, youth councils, and youth groups can participate as Challenge Acceptors. Non-profit organizations, Colleges, Universities, and Tribal Colleges and Universities (TCU) can become acceptors by helping their youth and students complete the Gen-I Challenge! Youth and others can accept the challenge by following this link and committing to take the following steps. Learn more at: <http://genindigenous.com/gen-i-blog/>

Contact Center for Native American Youth for assistance: Phone: 202-736-2905 or email: cnayinfo@aspennstitute.org

8. The Arizona Governor's Office on Tourism – Save the New Dates!

The 2015 Arizona Governor's Conference on Tourism

June 22 - 24, 2015 JW Marriott Camelback Inn Scottsdale, Arizona

The Arizona Governor's Conference on Tourism provides valuable networking opportunities, professional development sessions, nationally recognized speakers, a dedicated sponsor exhibit area and the Governor's Tourism Awards Gala. The conference, consistently attended by 500, is the opportunity for our visitor industry to gather information on the latest trends affecting tourism. We offer an environment that promotes networking and the exchange of ideas for the benefit of our commerce. The success and growth of our conference is reflective of a unified industry that wants to continually be successful at what we do.

Sponsorships are also available now! Review the sponsorship opportunities at: <http://www.azlta.com/wp-content/uploads/2015/02/2015-Sponsor-Packet.pdf> and complete the sponsorship form at <http://www.azlta.com/wp-content/uploads/2015/02/2015-Sponsor-Form.pdf> today!

Visit the website (<http://www.azlta.com/events/governors-conference/>) for more details or contact Alena Hicks at ahicks@azlta.com or by calling 602-265-2252 with any questions. ■

2015 Gathering & Pow-Wow Dates

Submitted by: Charlotte Navanick | Ute Bulletin

Strong Hearts Native Society Pow Wow

Date: March 06 - 08

Location: San Pasqual High School, Rt. 1, 676 Baseline Road; Winterhaven, California 92283

Contact: Faron Owl, (760) 572-0222 Ext. 2108

Email: fowl@spvusd.org | **Url:** SPVUSD.org

3rd Annual Dobson HS Social Pow Wow

Date: March 07

Location: Dobson's High School Football Field 1501 West Guadalupe Road; Mesa, Arizona 85202

Contact: Misty Willis, (480) 334-5458

Email: mlwillis@mpsaz.org

Apache Gold Casino Intertribal Pow Wow

San Carlos: March 13 - 15

Location: Apache Gold Casino; San Carlos, AZ

41st Annual Denver March Pow Wow

Date: March 20 - 22

Location: Denver Coliseum, 4600 Humboldt St.; Denver, Colorado 80216

Contact: Grace B. Gillette, (303) 934-8045

Email: denvermarchpowwow@comcast.net | **Url:** Denver-MarchPowWow.org

Brigham Young University Cedartree Memorial Competition Pow Wow

Date: March 27 - 28

Location: Wilkinson Student Center Ballroom; Provo, Utah 84602

Contact: Mario Pereyra, (801) 422-4086

Email: cedartree_powwow@byu.edu | **Url:** multicultural.BYU.edu/content/byu-cedartree-memorial-competition-pow-wow

43rd Annual UC Davis Pow Wow

Date: April 11

Location: University of California Davis, UC Davis East



and West Quad, 1 Shield Avenue; Davis, California 95616

Contact: Crystal Marich, (530) 752-7032

Email: cmarich@ucdavis.edu | **Url:** <http://ccc.ucdavis.edu/powwow.html>

17th Annual Chumash Day Pow Wow and Intertribal Gathering

Date: April 11 - 12

Location: Malibu Bluffs Park, 24250 Pacific Coast Highway; Malibu, California 90265

Contact: Kristin Riesgo, (310) 456-2489 Ext. 350

Email: kriesgo@malibucity.org | **Url:** MalibuCity.org/chumashday

29th Annual ASU Pow Wow

Date: April 17 - 19

Location: ASU Band Practice Field, 6th Street and Rural Road; Tempe, Arizona 85280

Contact: ASU Pow Wow Office

Email: asupowwow@gmail.com | **Url:** powwow.ASU.edu

30th Annual Sherman Indian High School Pow Wow

Date: April 18

Location: Ira Hayes Football Stadium, 9010 Magnolia Avenue; Riverside, California 92503

Contact: Galene Townsend-Miller, (951) 276-6326 Ext. 120

Email: galena.miller@bie.edu | **Url:** sihs.BIE.edu/

Gathering of Nations

Date: April 23 - 25

Location: University of New Mexico Arena Albuquerque, New Mexico 87131

Phone: (505) 836-2810

Url: GatheringOfNations.com

22nd Annual Ohlone Gathering & Pow Wow

Date: April 24 - 26

Location: Tony Cerda Park, 400 West Grand Avenue; Pomona, California 91766

Contact: Tony Cerda, (909) 524-8041

Email: rumsen@aol.com | **Url:** CostanoanRumsen.org

44th Annual Stanford Pow Wow

Date: May 08 - 10

Location: Stanford University, Stanford, California 94305

Contact: Dahlton Brown or Kim McCabe, (650) 723-4078

Email: chairs@stanfordpowwow.org | **Url:** powwow.Stanford.edu

Farmington Spring Pow Wow

Date: May 09

Location: Farmington Indian Center; Farmington, New Mexico

Contact: Myra Newman, (505) 327-6296

Email: mnewman@fmtn.org | **Url:** FMTN.org/indiancenter

Southern Ute Bear Dance Pow Wow

Date: May 22 - 25

Location: Sky Ute Fairgrounds, 200 East Highway 151; Ignacio, Colorado 81137

Contact: Tara Vigil or Elise Redd, (970) 563-0100 Ext. 3624 or (970) 779-8149

Email: tvigil@southernute-nsn.gov or eredd@southernute-nsn.gov | **Url:** SouthernUte-NSN.gov

34th Annual University of California Riverside Pow Wow

Date: May 22 - 23

Location: University of California, Riverside Sports Complex, 1000 West Blaine St.; Riverside, California 92507

Contact: Joshua Gonzales, (951) 827-3850

Email: joshuag@ucr.edu | **Url:** nasp.UCR.edu

19th Annual Intertribal San Luis Rey Band of Mission Indians Pow Wow

Date: June 13 - 14

Location: San Luis Rey Mission Grounds, 4050 Mission Avenue; Oceanside, California 92058

Contact: Charlotte Herrera or Carmen Mojado, (760) 727-0595 or (760) 724-8505

Email: charlotte@slrmissionindians.org or cjmojado@slrmissionindians.org | **Url:** SLRMissionIndians.org

22nd Annual Suscol Intertribal Council Pow Wow

Date: July 18 - 19

Location: Yountville Veterans Home; Yountville, California 94599

Phone: (707) 256-3561

Email: suscol@suscol.net | **Url:** SuscolCouncil.org

21st Annual Sacramento Contest Pow Wow

Date: August 07 - 09

Location: O'Neil Park, 715 Broadway; Sacramento, California 95818

Contact: Marcia Hoaglen, (916) 804-7326

Email: wailaki10@comcast.net

45th Annual Barona Pow Wow

Date: September 04 - 06

Location: Barona Stars Baseball Field, 1095 Barona Road; Lakeside, California 92040

Contact: Laurie Whitecloud, (619) 443-6612 Ext. 271

Email: lwhitecloud@barona-nsn.gov | **Url:** Barona-NSN.gov

Total Festival Pow Wow

Date: September 05 - 06

Location: Farmington Civic Center, 200 West Arrington; Farmington, New Mexico 87402

Phone: (800) 448-1240

Url: FarmingtonNM.org

Sycuan Pow Wow

Date: September 11 - 13

Location: Sycuan Pow Wow Grounds, 5459 Sycuan Road; El Cajon, California 92019

Contact: Julia La Brake, (619) 445-7776

Email: jalahbrake@sycuan-nsn.gov

San Manuel Pow Wow

Date: October 09 - 11

Location: California State University, 5500 University Parkway; San Bernardino, California 92047

Phone: (909) 425-3450

Email: powwowsanmanuel@gmail.com | **Url:** San-Manuel-nsn.gov



Hualapai Tribe Regional Partnership Council Meeting Minutes

Submitted by: Sandy Smith | First Things First



FIRST THINGS FIRST

Ready for School. Set for Life.

Arizona Early Childhood Development and Health Board Hualapai Tribe Regional Partnership Council Meeting Minutes

Call to Order/Roll Call

The regular meeting of the First Things First Hualapai Tribe Regional Partnership Council was held on November 12, 2014 at 3:00 p.m. at the Hualapai Health, Education and Wellness Center in Peach Springs, Arizona, 86434.

Members Present

Dr. Anthony Perkins, Chair; Darren Hudak, Vice Chair; Leon Ghahate; Charlene Imus; Reverend Pete Imus; Sandra Irwin; Barbara Tinhorn and Lucille Watahomigie

Member Absent

Zavier Benson and Omaovensl Coochwyteewa

Chair Perkins called the meeting to order at 3:08 p.m. Members, staff and guests introduced themselves. First Things First staff members present included Chief Executive Officer Sam Leyvas, Chief Regional Officer Michelle Katona, and Senior Director of Tribal Affairs Candida Hunter.

Declarations of Conflict of Interest

Chair Perkins asked Regional Director Ashley Pascual to explain the agenda item. Regional Director Pascual requested members review the agenda for potential conflicts. There were no conflicts of interest declared at this time.

Call to the Public

There were no responses to the call to the public.

Regional Partnership Council Member Announcements

Chair Perkins announced that parents are invited to a luncheon at the school on November 25. He also announced the Arizona's Instrument to Measure Standards (AIMS) test has been replaced with the Arizona's Measurement of Education Readiness to Inform Teaching (AZ Merit) test.

Member Irwin announced a one-day health workshop will be presented by the Maternal Child Health program on November 18.

Member Watahomigie announced the community Thanksgiving dinner will be November 24 at 3:00 p.m.

Possible Approval of October 8, 2014 Meeting Minutes

Member Watahomigie made a motion to approve the October 8, 2014 meeting minutes. Member Irwin seconded the motion. Motion carried unanimously.

First Things First Update and Regional Council Member Recognition

Sam Leyvas, First Things First Chief Executive Officer spoke about his desire to get out into the regions to build relationships, as well as his mission to continue raising awareness. He spoke briefly about the Tribal Consultation, and the upcoming Faith Forum. Mr. Leyvas presented certificates and pins to regional council members celebrating their first year of service, and noted he welcomes input from all members.

SFY2016-2018 Strategic Funding Plan Recommendations

Reverend Imus declared a conflict of interest and recused himself from the discussion.

Regional Director Pascual reviewed the discussion from the last meeting regarding the focus areas of the Hualapai Journey. Director Pascual reviewed the challenges and assets that were highlighted in the recently completed Needs and Assets report, and explained how these correlate with the three new regional priorities identified last month. After reviewing the allocation summary and the funding plan recommendations, Director Pascual led a discussion about the target service units for each strategy. The regional council discussed the home visitation strategy and the regional council's desire to ensure all children receive developmental and sensory screenings. The consensus was to refocus the home visitation strategy and increase the target service number for the secondary strategy of developmental and sensory screenings to 60 children receiving screenings. The regional council supported the recommendation to increase to two the Quality First Rating Only sites, and to add nutrition education to the eventual scope of work for the food security strategy. It was stressed that collaboration and partnerships will be important. Director Pascual will present the recommendations to Tribal Council at their December meeting, with final request for approval at the regional council's December meeting.

Parent Awareness and Community Outreach Report

Community Outreach Coordinator Erin Taylor requested that Maternal Child Health Coordinator Vivian Parker review the upcoming health workshop agenda. Coordinator Taylor then shared the First Things First radio commercials from the statewide campaign, and announced that they will be airing on the Peach radio station. Reverend Imus will record an introduction for the commercials on EPCH, which will begin transmitting on FM by the end of the year.

Regional Director's Report

Director Pascual reviewed the current expenditures, noting numbers are where they should be at this time.

Director Pascual provided regional updates and reviewed upcoming events, including the annual Infant and Toddler Mental Health Symposium in Lake Havasu City February 9-10, 2015, and the First Things First Early Childhood Summit August 24-25, 2015.

Next Meeting

The next meeting is December 10, 2014 at the Peach Springs Unified School District.

Adjournment

Chair Perkins adjourned the meeting at 4:31 p.m.

SUBMITTED BY:

APPROVED BY:



Sandy Smith, Administrative Assistant



Dr. Anthony Perkins, Chair

Hualapai Tribe Regional Partnership Council Meeting Minutes

Submitted by: Sandy Smith | First Things First



FIRST THINGS FIRST

Ready for School. Set for Life.

**Arizona Early Childhood Development and Health Board
Hualapai Tribe Regional Partnership Council
Meeting Minutes**

Call to Order/Roll Call

The regular meeting of the First Things First Hualapai Tribe Regional Partnership Council was held on December 10, 2014 at 3:00 p.m. at the Peach Springs Unified School District in Peach Springs, Arizona, 86434.

Members Present

Darren Hudak, Vice Chair; Xavier Benson; Sandra Irwin and Barbara Tinhorn
Omaovensl Coochwytewa; Charlene Imus; Reverend Pete Imus; and Leon Ghahate participated telephonically

Members Absent

Dr. Anthony Perkins and Lucille Watahomigie

Vice Chair Hudak called the meeting to order at 3:08 p.m. and did roll call.

Declarations of Conflict of Interest

Member Tinhorn declared a conflict of interest for the home visitation strategy, and Member Benson declared a conflict of interest for the Quality First strategy.

SFY2016-2018 Strategic Funding Plan Recommendations

Regional Director Ashley Pascual announced that the Tribal Council approved support of the draft funding plan by consensus on Monday, December 8, 2014. Director Pascual reviewed the funding plan including a discussion on unfunded strategies. Due to conflicts of interest, she recommended separate discussion and possible action on each strategy.

Vice Chair Hudak asked for a motion for the first strategy. Reverend Imus declared a conflict of interest with the home visitation strategy. Member Irwin made a motion to approve the home visitation strategy for the state fiscal year 2016 regional funding plan in the amount of \$89,350 with target service units of 30 families served and 60 children receiving developmental screenings. Member Benson seconded the motion. The motion passed with 5 in favor, 1 not voting (Member Coochwytewa) and 2 abstaining due to conflicts of interest (Reverend Imus and Member Tinhorn).

Member Tinhorn made a motion to approve the food security strategy for the state fiscal year 2016 regional funding plan in the amount of \$2,802 with the target service unit of 600 food boxes distributed. Member Ghahate seconded the motion. The motion passed unanimously.

Member Irwin made a motion to approve the Quality First academy and Quality First coaching and incentives strategies for the state fiscal year 2016 regional funding plan in the amounts of \$1,880 and \$10,654, respectively, with the target service unit of 2 rating only centers participating. Member Tinhorn seconded the motion. Motion passed with 6 in favor, 1 not voting (Member Coochwytewa) and 1 abstaining due to conflict of interest (Member Benson).

Member Benson made a motion to approve the unfunded approaches to continue moving forward with the Hualapai child development coordination work and the early literacy partnership. Member Tinhorn seconded the motion. The motion passed unanimously.

Member C. Imus and Member Ghahate left the meeting at 3:30 p.m.

Call to the Public

There were no responses to the call to the public.

Regional Partnership Council Member Announcements

Vice Chair Hudak announced that Social Services is hosting community bingo tonight and the Boys and Girls Club is operating the concessions as a fundraiser to build a park across from the Indian Health Services clinic and the new elderly housing.

Possible Approval of November 12, 2014 Meeting Minutes

Member Tinhorn made a motion to approve the November 12, 2014 meeting minutes. Member Irwin seconded the motion. The motion carried unanimously.

SFY2016 Grant Agreement Process

Director Pascual reviewed the process timeline, noting in January 2015 the plan will be presented to the State Board for approval. Fiscal Specialists Kristen Martin and Perla Renteria asked if there were any questions about the grant agreement process, and assured they would work closely with grantees to provide any assistance necessary.

Regional Director's Report

Director Pascual reviewed the SFY2015 expenditures report, noting a finance meeting was held with grantees concerning the financial reimbursements.

Director Pascual provided copies of Senior Director of Tribal Affairs Candida Hunter's Tribal Consultation report. Director Pascual announced that she and Senior Director Hunter presented the 2016 Regional Needs and Assets Assessment process to Tribal Council on December 10, 2014, and described the short report from the University of Arizona Norton School, which will be available by the end of 2015.

There was discussion about the Quality Assurance process and the Maternal Child Health program will go through the process soon.

Director Pascual spoke about a tentative date of January 14, 2015, for the first Early Literacy Partnership meeting and noted that 'Read on Hualapai' is a possibility.

Community Outreach Coordinator Erin Taylor spoke about the Father Son Retreat scheduled for December 14, 2014. She also announced the upcoming Court Team symposium. Director Pascual will send out that agenda. Regional Council Members were reminded to please contact Administrative Assistant Sandy Smith for assistance with registration and/or travel arrangements.

Next Meeting

The next meeting is February 11, 2015 at the Hualapai Department of Cultural Resources.

Adjournment


Reverend Imus and Member Coochwyteewa left the meeting causing a loss of quorum, and the meeting was adjourned at 3:47 p.m.

SUBMITTED BY:

APPROVED BY:



Sandy Smith, Administrative Assistant



Darren Hudak, Vice Chair

Boys & Girls Club • Spring Programs for the Month of March

Submitted by: Hualapai Planning Department

Spring Programs Are As Follows: (Review back for days and times).

- Stay Smart
- Next Steps: College & Careers
- Passport to Manhood
- Hip Hop Dance Club
- Bird Dancing/Singing Club
- Drama Matters
- Image Makers
- T.R.A.I.L.
- Reading Program
- Youth of the Year

- Jewelry Beading Club
- Money Matters
- L.I.T.
- Torch Club
- Keystone Club
- National Fine Arts
- Cooking Club
- Skateboard Club
- Triple Play
- Power Hour



March 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Spirit Week is next week!	2 School Colors	3 Crazy Hair Day!	4 Twin Day!	5 Pajama Day!	6 Green Day!	7
8 Spring Break Week PS&S & Truxton	9 Alpacas of the Southwest 10:00 am-3:00 pm	10 Mad Scientist Themed Day: Burst the Atoms Game	11 Lowell Observatory 9:00 am-4:30 pm	12 Bowling @ Cerbat Lanes 10:30 am-3:30 pm	13 St. Patrick's Day Themed Dance 2:00-4:00 pm	14
15 Spring Break Kingman High School	16	17	18	19	20 Kite Making Begins for BGC Week	21
22 Boys & Girls Club Week & Spring Break Seligman	23 Kite Flying! Poetry Slam: Bring your favorite poem!	24 Suitcase Relay: How fast can you go!	25 What's your favorite recipe? Let's make a mural!	26 Wall of Dreams: What do you want to be when you grow up?	27 My Vision Board!	28
29	30	31	Don't Forget Yoga Class Is Every Thursday 5:30-6:30! Come Get Your Stretch On! Hope To See You There!			

Spring Programs being offered at the Boys & Girls Club:

All programs will be implemented between: 4:30 - 6:30 p.m. Monday-Thursdays

Home drop-offs will begin @ 5:30 Mon-Thur.

Friday programs will be implemented between 9:00 a.m. - 3:00 p.m.

Home drop-offs will begin @ 4:30 on Fridays.

Program Name	Day/Time	Age Group
Stay Smart	Monday: 2:00-3:00	Teens: Jan-March
Next Steps: College & Careers	Monday: 3:00-3:45	Teens: Jan-March
Passport to Manhood	Monday: 4:30-5:15	Boys: 10-12 Feb-April
Hip Hop Dance Club	Monday: 5:30-6:30	Teens: Feb-April
Bird Singing/Dancing Club	Tuesday: 4:45-5:30	6-9 year olds: March-May
Drama Matters	Tuesday: 4:45-5:30	10-12 year olds: Feb-April
Image Makers	Wednesday: 4:30-5:15	All Ages: Jan-March
T.R.A.I.L.	Wednesday: 4:30-5:15*	8-12 year olds March-May
Jewelry Beading Club	Wednesday: 5:15-6:00	All Ages: Jan-March
Money Matters	Thursday: 4:30-5:15	11-18: Feb-April
L.I.T.	Thursdays: 5:15-6:00	6th grade - 14 years: May-July
Torch Club	Thursdays: 5:15-6:00	10-12 year olds: Year Round
National Fine Arts	Fridays: 9:00-11:00	All Ages: Jan-May
Cooking Club	Fridays: 9:00-12:00*	All Ages: 30 member limit Jan-Feb
Skateboard Club	Fridays: 2:00-3:00*	10 & up boys only: March-May
KeyStone Club/Youth of the Year	Fridays: 3:00-4:00	Teens/High School: Year Round
Power Hour/Triple Play	Daily 4:00-5:00	All Ages: Year Round
Reading Program	Daily 2:30-4:00	Kindergarteners

For more info call the Boys & Girls Club at 928-769-1801.

*program subject to change

Department of Hualapai Education & Training • 2015 Spring Break Activities

Submitted by: Hualapai Planning Department



GWE SPO:JA YIWO

Department of Hualapai Education & Training

P.O. Box 179
Peach Springs, AZ 86434
(928) 769-2200
FAX: (928) 769-1101

2015 SPRING BREAK ACTIVITIES
TUESDAY - WEDNESDAY - THURSDAY
3/10 - 27/2015

LIBRARY
9:00-11:00 AM
STORYTIME, BOOKS,
REFRESHMENTS, PRIZES

COMPUTER LAB
2:00-4:00 PM
COMPUTER GAMES, EDUCATIONAL
RESEARCH

TUESDAY EVENINGS—3/10,17, 24
PLANNING TO GO TO COLLEGE:
FOR PARENTS & STUDENTS
1) FASFA
2) HUAPAI TRIBE GRANT APPLICATION
3) EVERYTHING ABOUT COLLEGE LIFE

PEACH SPRINGS SCHOOL
3/9-13/2015

KINGMAN HIGH SCHOOL
3/16-20/2015

SELIGMAN HIGH SCHOOL
3/23-27/2015

2nd Annual Wildcats Softball Camp • Sunday, March 1st

Submitted by: Vonda Beecher | PSA Wildcats

Vonda 928-300-1871 or Char Imus 928-715-1753 for info.

2nd Annual Wildcats Softball Camp!



OPEN TO ALL GIRLS AGES 8-12 YRS OLD.

When: Sunday, March 1, 2015 at the PSA softball fields.

Time: Registration starts at 9am. Camp runs 10am - 3pm.

FREE!!!

Pitching Clinic after softball camp from 3-5pm.

FREE!!!

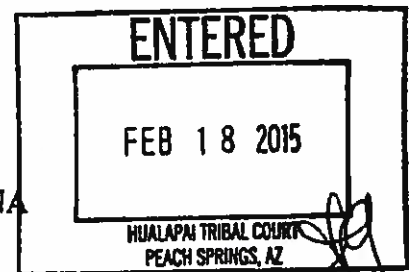
Every kid gets a certificate of participation and there will be MVP and All-Star awards for kids in each group: 8, 9, 10, 11 and 12 yo.

- ✓ **Registration waivers must be signed for kids to participate.**
- ✓ **We have some gloves, but it is highly recommended to have kids bring their own softball gear (glove & cleats).**
- ✓ **Cleats will really help because they will do a lot of drills and base running!!!**

**SOFTBALL
Sign-up**



JO and USSSA softball registration booths will be set up at Camp for all ages including T-Ball!

Minute Order/Notice of Hearing • Monday, March 9th*Submitted by: Tina Grounds | Hualapai Tribal Court*

**IN THE HUALAPAI TRIBAL COURT
HUALAPAI INDIAN RESERVATION, ARIZONA**

DANA YAZZIE,

Plaintiff,

Case No.: 2010-CV-013OSC2

VS.

MINUTE ORDER

STANLEY DASHEE,

Respondent,

The following proceeding or action occurred on the 18th day of February, 2015, A.D. at 09:00 AM in this Court:

✓ Other Order to Show Cause Hearing

Persons present were: X Plaintiff/Petitioner (or representative) DANA YAZZIE
 Plaintiff's Counsel
 Defendant/Respondent STANLEY DASHEE
 Defense's Counsel
 Other

Evidence/Action: THE COURT FINDS THAT RESPONDENT WAS NOT SERVED WITH NOTICE OF HEARING SET FOR TODAY. PETITIONER REQUESTS FOR NOTICE OF HEARING TO BE PUBLISHED IN THE GUMYU FOR RESPONDENT'S SERVICE.

The Court found and Ordered: THE COURT CONTINUES THIS MATTER AND GRANTS PETITIONER'S MOTION. THE CLERK SHALL HAVE NOTICE OF HEARING PUBLISHED IN THE GUMYU TO NOTICE RESPONDENT OF NEXT HEARING DATE AND TIME. SINCE PERSONAL SERVICE AND MAILING SERVICE ON RESPONDENT HAS BEEN TRIED WITHOUT RESULT.

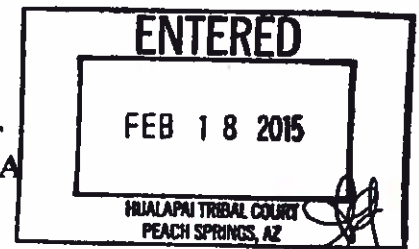
Hearing/Trial is CONTINUED.

The Court further ordered all parties and counsel to appear before the Court for ORDER TO SHOW CAUSE HEARING on MARCH 9, 2015 at 11:00 AM.

Date: February 18, 2015

[Signature]
Tribal Court Judge

I certify that I distributed copies to: ✓ Plaintiff q Plaintiff's Counsel ✓ Respondent q Respondent's Counsel q Other: on 02/18/2015 By: *Revised November 2010*)

Order to Show Cause/Notice of Hearing • Monday, March 9th*Submitted by: Tina Grounds | Hualapai Tribal Court***IN THE HUALAPAI TRIBAL COURT
HUALAPAI RESERVATION, ARIZONA**

DANA YAZZIE,

Plaintiff,

Vs.

Case No.: 2010-CV-013OSC2

STANLEY DASHEE,

Respondent,

ORDER TO SHOW CAUSE**TO: STANLEY DASHEE, 714 COYOTE STREET, PEACH SPRINGS, AZ 86434**

YOU ARE HEREBY ORDERED to appear before the Hualapai Tribal Court on the 9th day of March, 2015, A.D. at the hour of 11:00 AM and show cause why you should not be held in Contempt of Court for:

☐ **failure to appear on , 20 for:**

- ☐ Arraignment/Initial Hearing
- ☐ Preliminary/Pre-Trial hearing
- ☐ Settlement Conference

- ☐ Status Review Hearing
- ☐ Bench/Jury Trial
- ☐ Other:

☒ **failure to obey a Court Order regarding:**

- ☐ payment of fine: \$
- ☐ payment of restitution:
- ☐ payment of civil judgment \$
- ☒ payment of child support: **\$250.00 PER MO.**
- ☐ performance of community service:
- ☐ payment of spousal maintenance

- ☐ child visitation
- ☐ return of property
- ☐ restraining order
- ☐ preliminary/permanent injunction
- ☐ order of protection
- ☐ other:

**IF YOU FAIL TO APPEAR AS ORDERED ABOVE
A BENCH WARRANT WILL BE ISSUED FOR YOUR ARREST.**

Date: February 18, 2015


Judge, Hualapai Tribal Court

CERTIFICATE OF SERVICE

I HEREBY CERTIFY that I:

☒ effected service of the foregoing by sending a copy to GUMYU for publication to Notice Respondent.

T.Grounds, Clerk, Hualapai Judicial Branch

Name and Title

Signature

2/18/15

BINGO Fundraiser • Thursday, March 12th
Submitted by: Vonda Beecher | PSA Wildcats

BINGO

MARCH 12 2015

NEW DATE

MULTI PURPOSE BUILDING - PEACH SPRINGS

6 P.M. - 9 P.M. COME ONE COME ALL!!

CAKE WALK & FOOD SALE

All Proceeds will be given to help purchase a new headstone for our very own
Peach Springs angel...

Delicia Danae Walema #12

2000 - 2014



11th Annual American Indian Disability Summit • Thursday, March 26th
Submitted by: Iris George | Phoenix Indian Center

SAVE THE DATE

11th Annual

AMERICAN INDIAN DISABILITY SUMMIT

Theme **"Gathering Native Voices to Embrace Vitality."**

Our mission is to provide interaction, networking, education and support for American Indians with disabilities and their families, and bridging opportunities and resources in rural and urban tribal communities.

Featuring: Presentation of the Marcus Harrison, Jr. Leadership Award

2015 Summit will be held at:
Desert Willow Conference Center
4340 East Cotton Center Boulevard
Phoenix, Arizona 85040
MARCH 26, 2015

The summit is held to facilitate training, outreach and technical assistance for American Indians with disabilities residing in urban and rural areas. Attendees will gain awareness of support services and become empowered to improve their lifestyle by learning strategies to eliminate barriers to service delivery.

For registration information and for an application, please call:

602-443-0707 (Rosalie)

602-495-7521 (Dorothy)

602-443-0708 (Fernando)

Or 1-800-280-2245, ask for Fernando Cruz at x708

Earn CEUs for the one-day event, starting at 8:30 am until 4:00 pm.

This is a fragrance and tobacco free event.

SAVE THE DATE

60th Annual Tournament of Tribal Champions & Women's 51st All Indian Classic
Submitted by: Charlotte Navanick | Ute Bulletin

60th Annual Tournament of Tribal Champions & Women's 51st All Indian Classic

March 26 – 28, 2015
 (Games will start on Thursday, March 26th)
Fort Duchesne, Utah
Entry Fee \$350 – Deadline March 19th

*** 10 player limit * Tribal ID Required (No CIB's) * True Double ***

Money Orders or Company Checks Only

(Must have half by deadline and paid in full by first game – No exceptions/No refunds)

Mail Payment to: Ute Indian Tribe Rec. Dept. P.O. Box 883, Fort Duchesne, UT 84026

For more information contact the UIT Rec Dept. at (435) 722-2249,

Fax (435) 722-2308 or email KobiR@utetribes.com

Rez Wreckers



**2014
 Men's
 &
 Women's
 Champs**



**Sho-Nuff the Girls/
 Outlaw Women**

Men's Awards

1st Place - \$5000 and Jackets
2nd Place - \$2000 and Coats
3rd Place - \$1000 and Hoodies
4th Place - \$500 and Long Sleeve Shirts
Sportsmanship, All-Stars, MVP
and Most 3-Pointers

Women's Awards

1st Place - \$3000 and Jackets
2nd Place - \$1000 and Coats
3rd Place - \$500 and Hoodies
4th Place - \$350 and Long Sleeve Shirts
Sportsmanship, All-Stars, MVP
and Most 3-Pointers

The UIT Rec. Dept. & Staff are not responsible for any accidents, injuries, damages, theft and/or shortage of funds.

Epch Program Schedule

Submitted by: Miranda George | Radio Station

EPCH PROGRAM SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
6:00AM	General Variety Music	General Variety Music	General Variety Music	General Variety Music	General Variety Music	General Variety Music	General Variety Music
7:00AM	GVM	GVM	GVM	GVM	GVM	GVM	GVM
8:00AM	Adina's Welcome GVM	Adina's Welcome GVM	Adina's Welcome GVM	Adina's Welcome GVM	Adina's Welcome GVM	GVM	GVM
9:00AM	Native Voice 1 Undercurrents	Native Voice 1-Groove Central	Native Voice 1 Undercurrents	Native Voice 1-Groove Central	Native Voice 1 Undercurrents	GVM	GVM
10:00AM	GVM	GVM	GVM	GVM	?Youth Program?	GVM	?Gospel Music/Guests?
	10:55 news/weather	10:55 news/weather	10:55 news/weather	10:55 news/weather	?Durasta's "Back in the Day"?	GVM	
11:00AM	GVM	GVM	GVM	GVM	10:55news/weather	GVM	GVM
	11:30 Radio Serial		11:30 Radio Serial		Cultural Conversations- interviews and info with Cultural Dept staff and locals re Hualapai Cultural activities, events, history and language-hosted by Sonwai and other youth broadcasters		
					11:55-NNN		
12:00PM	Native Noon Hour- "Me Ev Nya" Stories Only Traditional and Native Artist Music Including NV1 Legends	Native Noon Hour- "Me Ev Nya" Stories, Only Traditional and Native Artist Music Including NV1 Legends	Native Noon Hour- "Me Ev Nya" Stories, Only Traditional and Native Artist Music Including NV1 Legends	Native Noon Hour- "Me Ev Nya" Stories, Only Traditional and Native Artist Music Including NV1 Legends	Native Noon Hour- "Me Ev Nya" Stories, News, Only Traditional and Native Artist Music and guests hosted by youth broadcasters	GVM	GVM
1:00PM	"cont?"	"cont?"	"cont?"	"cont?"	??Youth Program???	GVM	GVM
2:00PM	Native Voice 1 Earthsongs	FACE OFF with the Deford brothers- Sports Talk Show	Native Voice1 Earthsongs	Cajun/Blues/Jazz	Local showtimes, events and week-end weather and shout outs delivered by youth broadcasters	GVM	GVM
3:00PM	Country	Reggae	Country	Reggae	??Youth Program??	GVM	GVM

4:00PM	???Youth Program??? Safety programs- EMT/fire/animal/poli ce? 4:55-news/weather	"Behind the Peach"- political and department news , stories and interviews-hosted by Georgetta (Rock Music) 4:55-news/weather	???Youth Programs??? Gardening? Cooking? Health and Fitness? 4:55-news/weather	Housecalls-interviews with local health care providers and guest health professional speakers hosted by youth broadcasters 4:55- news/weather	Working for the Week-end-Rock Music 4:55-news/weather	GVM	GVM
5:00PM	Country Drive at Five	KIDSTART TEEN Hour 5:30 BGC Report	Country Drive at Five	KIDSTART TEEN Hour 5:30 BGC Report	Working for the Week-end- Rock Music	GVM	GVM
6:00PM	GVM	GVM Radio Serial	GVM	GVM Radio Serial	GVM	GVM	GVM
7:00PM	Dance/Hip Hop and Rap	Native Voice1- Groove Central	Dance/Hip Hop and rap	Native Voice1- Groove Central	Dance/Hip Hop and Rap	D/HH/ R	Cajun/Bl ues/Jazz
8:00PM	Reggae Hour with?	Reggae Hour with?	Reggae Hour with?	Reggae Hour with?	Reggae Hour with?	Reggae Hour with?	Reggae Hour with?
9:00PM	Dion's Alternative Rock Show	??Larry's Hard Rock Show??	Dion's Alternative Rock Show	??Larry's Hard Rock Show??	Dion's Alternative Rock Show	Rock and Altern ative Rock	Rock and Alternati ve Rock
10:00PM	Rock and Alternative Rock	Rock and Alternative Rock	Rock and Alternative Rock	Rock and Alternative Rock	Rock and Alternative Rock	Rock and Altern ative Rock	Rock and Alternati ve Rock
11:00PM	GVM	GVM	GVM	GVM	GVM	GVM	GVM
12:00AM	GVM	GVM	GVM	GVM	GVM	GVM	GVM
1:00AM	GVM	GVM	GVM	GVM	GVM	GVM	GVM
2:00AM	GVM	GVM	GVM	GVM	GVM	GVM	GVM
3:00AM	GVM	GVM	GVM	GVM	GVM	GVM	GVM
4:00AM	GVM	GVM	GVM	GVM	GVM	GVM	GVM
5:00AM	GVM	GVM	GVM	GVM	GVM	GVM	GVM

30 Day Public Review for 2015 Hunt Regulations
Submitted by: Hualapai Planning Department

**H
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HUNT YEAR 2015



FOR SALES OF PERMITS SEE:

**HUALAPAI GAME AND FISH DEPARTMENT
P.O. BOX 249
PEACH SPRINGS, AZ 86434
928-769-2227**

HUALAPAI TRIBE

**THIS DOCUMENT IS OUT FOR 30 DAY PUBLIC REVIEW
PLEASE DIRECT COMMENTS TO BELOW:**

FOR WILDLIFE MANAGEMENT SEE:

**DEPARTMENT OF NATURAL RESOURCES
WILDLIFE, FISHERIES, AND PARKS PROGRAM
P.O. BOX 300
PEACH SPRINGS, AZ 86434
928-726-2255**

**PUBLIC REVIEW PERIOD:
FEBRUARY 10-MARCH 11, 2015**



APPROVED BY TRIBAL COUNCIL: _____

**HUALAPAI TRIBE
2015 HUNT REGULATIONS**

APPROVED BY TRIBAL:

It is the hunter's responsibility to thoroughly read and understand these regulations prior to applying for your permit or going afield.

The Hualapai Tribe and its agents are not responsible for injuries, theft, accidents, or deaths to Hunters, which may occur while hunting or fishing on the Hualapai Indian Reservation.

REGULATTON CHANGES FOR 2015

PROCESS TO PURCHASE SPECIAL HUNTS

Exclusive Elk Tag - Each year, this tag is either sold by sealed bid, auction, or by raffle. Please contact Hualapai Game and Fish Department (928-769-2227) for more information.

Scholarship Elk Tag - By Tribal Council action, the sale of one Trophy Bull Elk tag shall be designated to generate revenue for a Scholarship Fund for the benefit of tribal member students who want to further their education in natural resources related fields. Each year, this tag is either sold by sealed bid, auction, or by raffle. Please contact the Hualapai Natural Resources Department (928-769-2255) for more information.

PROCESS TO PURCHASE A GENERAL TAG

1. To be considered "Booked" and your name placed on a hunt priority list, you must pay a 1/3 deposit for the species and hunt, that you want to hunt. The deposit does not guarantee price or time of the hunt. The deposit is nonrefundable.
2. The full balance of the hunt price, must be paid at least sixty (60) days prior to the hunt, or the permit will be canceled and the next person on the list will be notified.

GUIDE SELECTION PROCESS

1. You must select a Hualapai Guide. By Tribal Law, a Hualapai Tribal Guide is required for all big-game hunts on the reservation.
2. A list of eligible guides and a history of their past Boone and Crockett scores for the species to be hunted, are available upon request. The Hunter has the ultimate decision for the selection of a Guide.

(1)

APPROVED BY TRIBAL:

3. The Hunter must send a written letter stating the selection of his/her Guide to the Hualapai Game and Fish Department.
4. If the Hunter does not select a Guide, the Hualapai Game and Fish Department will appoint one.
5. Minimum Guide Fees are established for each hunt. Higher fees may be negotiated between the Guide and Hunter.

The maximum number of Clients (Hunters) per Guide are as follows:

<u>Game Species</u>	<u>Number of Clients per Guide</u>	<u>Guide Fee</u> (minimums)
Management Elk (5pts or less, Deformed Antlered Elk, & Spike)	2	Management - \$1,350 Deformed Antlered Elk - \$1,000
Antelope	1	\$700
Exclusive Trophy Bull Elk	1	\$3,500
Scholarship Trophy Bull Elk	1	Negotiated w/ Guide

General Trophy Bull Elk	1	\$2,500
		Score: 400+ \$500 incentive
Mountain Lion	1	Negotiated w/ Guide
Antlerless Elk and Turkey	4	\$150/day per client and negotiable per group

- A Guide is advised for Antlerless Elk and Turkey and are recommended upon request.
- (2)

2015 NON-TRIBAL HUNT DATES AND PERMIT FEE INFORMATION

BIG GAME*

(All hunts are Reservation Wide unless specified.)

APPROVED BY TRIBAL COUNCIL:

HUNT	SEASON	PERMITS	TOTAL INCLUDING 7% TAX	FEE DUE DATE
Early Spring Turkey	April 25-30, 2015	13	\$428.00	
Late Spring Turkey	May 2-7, 2015	12	\$428.00	
Deformed Antlered Elk	August 22-30, 2015	15	\$2,600	
Antelope	September 4-6, 2015	2	\$4,280	
Scholarship Bull Elk (Any 16 days)	August 1 - December 31, 2015	1	By Auction, Bid, or Raffle	
Exclusive Bull Elk (Any 16 days)	August 1 - December 31, 2015	1	By Auction, Bid, or Raffle	
First Trophy Bull Elk**	September 19-24, 2015	5	\$19,000	
Second Trophy Bull Elk**	September 26-October 1, 2015	5	\$19,000	
Trophy Bull Elk - Westside	September 19-24, 2015	2	\$19,000	
Trophy Bull Elk - Westside	September 26-October 1, 2015	2	\$19,000	
Management Bull Elk - Eastside	October 3-8, 2015	10	\$4,500	
Management Bull Elk - Westside	October 10-15, 2015	5	\$4,500	
Desert Bighorn Sheep	30 Days Oct./30 Days Dec.	1W/1E	\$35,000	
Mountain Lion	Any 10 consecutive days (hunt area to be determined at time of booking)	10	\$54	at time of hunt
Non-Tribal Javelina	30 Day intervals year round	Unlimited	\$160.00	PERMIT FEE
Game Fish	Year Round	Unlimited	8	\$32.10/day
Small Game (squirrels/rabbits/prairie dogs)	Year Round	Unlimited	5sm game 10 prairie dogs	\$32.10/day

*For Elk, Antelope, and Desert Bighorn Sheep Hunts: Permit price includes a mountain lion and/or coyote.

**One Trophy Bull Elk will be available for sale by sealed bid. Winner may choose to hunt during First Trophy Hunt or Second Trophy Hunt.

Reminder: Mandatory Check Out: You must check out with a Ranger, at the Game and Fish Department, or with a Tribal Biologist. Failure to check out will result in a loss of hunting privileges for one year.

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2015 TRIBAL HUNT DATES AND PERMIT FEE INFORMATION

BIG GAME*

All Hunts Require a Tribal Hunting Permit
and are Reservation Wide unless specified

APPROVED BY TRIBAL COUNCIL:

HUNT	SEASON	PERMITS	TOTAL INCLUDING 7% TAX	FEE DUE DATE
Tribal Turkey (Toms only)	April 25-May 7, 2015	6 by Draw	\$35.00	at time of draw
Tribal Antelope (Westside) (Any 9 consec. days)	September 7-30, 2015	1	By Raffle (\$10/ticket)	at time of draw
Combo (Trophy Elk (westside)/Mule Deer)	October 17 - 22, 2015 November 21 - December 6, 2015	5 by Draw	\$200.00	at time of draw
Tribal Bull Elk (any 16 consecutive days)	September 19 - December 31, 2015	2	By Raffle (\$10/ticket)	at time of draw
Tribal Cow Elk** - Eastside	October 17 - 22, 2015	3 Adults/2 Juniors	\$35.00	at time of draw
Tribal Cow Elk** - Westside	October 17 - 22, 2015	3 Adults/2 Juniors	\$35.00	at time of draw
Tribal Spike	November 1 - 15, 2015	15 by Draw	\$55.00	at time of draw
Management Elk - West	October 17 - 22, 2015	5	\$55.00	at time of draw
Tribal Javelina	Year Round w/ 30 day permit	Unlimited	\$22.00	at time of draw
Tribal Deer***	November 21 - December 6, 2015	1 per household	\$10.00	upon receipt of permit
Trapping	October 1, 2014 - March 31, 2015	Unlimited	No Fee	
			BAG LIMIT (per day)	PERMIT FEE
Game Fish	Year Round	Unlimited	8	No Fee
Small Game (squirrels and rabbits)	Year Round	Unlimited	5	No Fee
Small Game (prairie dogs)	Year Round	Unlimited	15	No Fee

* Any Hualapai Veteran who draws a regular season Turkey, Elk, and/or Deer tag will have their permit fee waived.

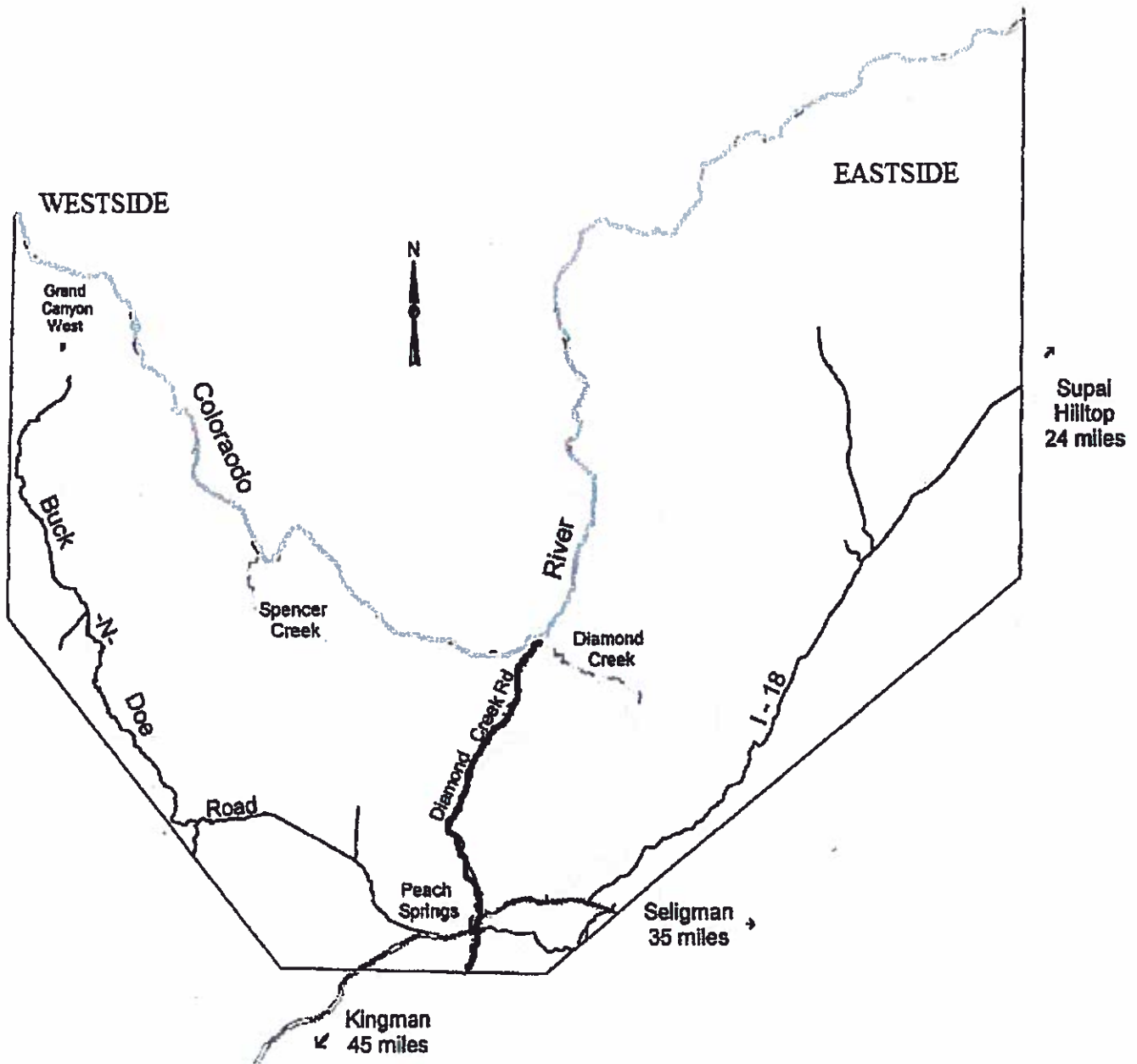
**For Tribal Cow Elk Hunts: 4 tags total will be Juniors (10-17yrs.) only tags. Youth ages 10-13yrs must have Hunters Education Card in possession.

***For Deer Hunts: A legal mule deer buck is a mule deer with 4 points on one side or greater

Reminder: Mandatory Check Out: You must check out with a Ranger, at the Game and Fish Department, or with a Tribal Biologist.

Failure to check out will result in a loss of hunting privileges for one year.

APPROVED BY TRIBAL:



Diamond Creek Road is the dividing line to separate the east side of the reservation from the west side. A more detailed map of the reservation can be obtained at the Hualapai Game and Fish Department.

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APPROVED BY TRIBAL:

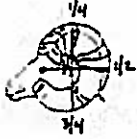
Definitions

1. **Antelope:** **Legal Buck Antelope:** A male Pronghorn antelope with a horn extending past its ear.
Management Antelope: An antelope with horns greater than the ears, but without prongs (cutters).
2. **Big Game:** Are turkey, deer, elk, antelope, desert bighorn sheep, javelina, and mountain lion.
3. **Booked:** Means the Hualapai Game and Fish Department has received all 1/3 deposit of the total price of the hunt.
4. **Camping Permit:** A permit to camp in designated areas of the Reservation.

5. **Combo Hunt:** A Hunt for Tribal Members only. This hunt allows one, any bull elk, to be taken from the Westside of the Reservation and one, Legal Buck Mule Deer, to be taken from any side of the Reservation during the hunting season.

6. **Deer:** **Legal Buck Mule Deer:** Any antlered mule deer with 4 points on one side or greater.

7. **Desert Bighorn Sheep: Legal Ram:** A ram that exceeds the 3/4 curl (see diagram) and is greater than six (6) years old.



Sealing of DBS Horns: Every DBS taken or any DBS horns found on the Hualapai Indian Reservation must have affixed to one horn, a plug seal placed by the Hualapai Game & Fish Department prior to transporting off the reservation.

8. **Elk:** **Elk Exclusive Trophy Bull Elk:** A 16 day Trophy Bull Elk hunt with only one hunter in the field. Any 16 consecutive days between August 9, 2014 - December 31, 2014.
Scholarship Trophy Bull Elk: A 16 day Trophy Bull Elk hunt with only one hunter in the field. Any 16 consecutive days between August 9, 2014 - December 31, 2014. All proceeds go into the Natural Resources Scholarship Fund.

Legal Trophy Bull Elk: Any antlered elk.

Legal Antlerless Elk: Any antlerless elk.

Legal Spike Elk: A single antler (no points) on one side.

Deformed Antlered Elk: An antlered elk showing abnormal pedicle (offset) growth resulting from genetic factors, injury, or systematic effects.

Management Elk: A mature antlered elk that has five (5) points or less on each side

* Spikes

* Deformed Antlered Elk

9. **Fur-bearing animals:** Are muskrats, raccoons, otters, weasels, bobcats, beavers, badgers, coyotes and ringtail cats.

10. **Game Fish:** Are trout of all species, bass of all species, catfish of all species, sunfish of all species.

11. **Guide:** a person who, for pay, aids or assists any person in taking wildlife.

12. **Hunting Area:** All lands and waters within the boundaries of the Hualapai Indian Reservation that are specifically designated and permitted for hunting wildlife. Includes the Youth Camp area, hunter camps, guide camps, tribal roads

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APPROVED BY TRIBAL:

(improved and unimproved), and all public reservation areas intended and approved for the hunting of wildlife. Also includes any area specifically designated by the Hualapai Tribe or its designees for the sole purpose of hunting wildlife.

13. **Junior:** Youth ages 14-17 yrs. Youth ages 10-13 yrs may hunt big game with a valid Hunters Education Certification Card in possession. All Hunters must have appropriate Hunting Tag.

14. **List:** Once a Hunter has booked a hunt, their name is placed on a priority hunt list, in the order that the hunt was booked.

15. **Migratory Game Birds:** Wild waterfowl, including but not limited to, ducks, geese and swans; sandhill cranes; all coots, all gallinules, common snipe, wild doves and bandtail pigeons.

16. **Mountain Lion: Legal Mountain Lion:** Any Mature Mountain Lion

17. **Negotiated Sale:** Sale of a hunt tag other than by sealed bid, raffle, or auction

18. **Permits:** are written permission by the Tribe for access or to hunt.

19. **Predatory Animals:** Are foxes, skunks, coyotes, and bobcats. Trapping Season: October 1 - March 31

20. **Small Game:** Are rabbits squirrels, prairie dogs, upland game birds and migratory game birds.

21. **Turkey: Legal Turkey:** Any Mature Tom

22. **Upland Game Birds:** Are quail, partridge, grouse and pheasants.

I. Lawful Methods for Taking Game

A. An individual may use the following method to take big game on the Hualapai Indian Reservation.

1. To take Antelope, Deer, Desert Bighorn Sheep, Mountain Lion

a. Centerfire rifles of .243 caliber or larger

- b. Muzzleloading rifles of .40 caliber or larger
 - c. Centerfire handguns of .24 caliber or larger
 - d. Bows with a standard pull of 40 or more pounds, using arrows with broadheads no less than 7/8 inch in width with metal cutting edges.
- 2. To take Elk:
 - a. Centerfire rifles of .270 caliber or larger or .243 or larger for antlerless elk
 - b. Muzzleloading rifles of .40 caliber or larger
 - c. Centerfire handguns of .24 caliber or larger
 - d. Bows with a standard pull of 40 or more pounds, using arrows with broadheads no less than 7/8 inch in width with metal cutting edges.
- 3. To take Javelina:
 - a. Centerfire rifles of .222 caliber or larger
 - b. Muzzleloading rifles of .40 caliber or larger
 - c. Centerfire handguns of .222 caliber or larger
 - d. Bows with a standard pull of 40 or more pounds, using arrows with broadheads no less than 7/8 inch in width with metal cutting edges.
 - e. .22 Rimfire magnum rifles
 - f. 5 mm Rimfire magnum rifles
- 4. To take Turkey:
 - a. Centerfire rifles of .222 caliber or larger
 - b. Muzzleloading rifles of .40 caliber or larger
 - c. Centerfire handguns of .222 caliber or larger
 - d. Bows with a standard pull of 40 or more pounds, using arrows with broadheads no less than 7/8 inch in width with metal cutting edges.
 - e. .22 Rimfire magnum rifles

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- f. 5 mm Rimfire magnum rifles or larger
 - g. 16 gauge or larger Shotgun
- B. An individual may use the following method to take small game on the Hualapai Indian Reservation.
 - 1. To take Rabbits and Squirrels:
 - a. Shotgun
 - b. .17 Rimfire or larger caliber
 - 2. To take Upland Game Birds:
 - a. Shotgun
 - b. .17 Rimfire or larger caliber
 - 3. To take Migratory Game Birds:
 - a. Shotgun
 - b. .17 Rimfire or larger caliber
- C. An individual may use the following method to take game fish on the Hualapai Indian Reservation.
 - 1. Hook and Line
 - 2. One fishing pole with a maximum of two (2) separate hooks, lures, or flies.

General Hunting Information and Regulations

- 1. Unless a different or other penalty or punishment is specifically prescribed, a person who violates or fails to comply with these Regulations shall be assessed a minimum fine of \$500 up to \$5,000 through Tribal Court.
- 2. It is recommended that all Hunters hunting on the Hualapai Indian Reservation, obtain a copy of the Natural Resources Wildlife Conservation Ordinance 24-70. This Ordinance is available upon request.
- 3. The Hualapai Tribe reserves the right to refuse sale of hunting or any other recreational permits to anyone.
- 4. ATV's or UTV's are not permitted for recreational use on the Hualapai Reservation. Signs are posted on Route 18, Diamond Creek, and Buck and Doe Roads.
- 5. All Hunters and Fishermen are subject to the laws and jurisdiction of the Hualapai Tribe.

6. Wildlife may only be harvested from Dawn to Dusk when there is sufficient light available to safely harvest the animal.
7. An Arizona hunting or fishing license is not valid or required on the Hualapai Reservation.
8. Youth ages 10-13 yrs may hunt big game animals if they have a valid hunters education card from their State of Issuance in their possession. A big game permit is required. Youth may hunt big game at age 14.
9. Mandatory Check-In/Check-Out: All Hunters (Non-Tribal and Tribal) are required to check-in at the Hualapai Game and Fish Department prior to the hunt. Whether successful or not, all hunters must check out at the Hualapai Game and Fish Department or with a Game Ranger or Tribal Biologist. Failure to comply with this regulation will disqualify a hunter from next years hunt.
10. A Hunter may harvest a coyote and/or mountain lion during his/her Antelope, Elk, or Desert Bighorn Sheep Hunt. No dogs shall be used when hunting during a Trophy Antelope, Elk or Desert Bighorn Sheep Hunt.

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1. APPROVED BY TRIBAL:

11. During a Management Hunt, the Tribal Guide must declare the animal as a "Management" animal prior to shooting. A Management Elk has 5pts or less on each side. *A five or six point animal with broken tines does not constitute a Management Elk.*
12. All Deformed antlered elk hunters are required to attend an educational workshop provided by HDNR prior to their hunt. Class time and location will be posted upon check-in at the Hualapai Game and Fish Department.
13. All Turkey Hunters and Cow Elk Hunters may only Camp in the Pine Springs, 20 Pines, Laguna, Youth Camp Area, or Thorton Tower Turn-Off Areas.
14. A Guide Trainee may accompany the Master Guides during Elk and/or DBS hunts.
15. The Hunter shall ensure that evidence of legality remains with the carcass or parts of a carcass for any game species taken until the Hunter has properly followed the check out procedure.
16. A fee of \$10 will be collected for all duplicate permits.
17. Non-Tribal Outfitters are not permitted to operate on the Hualapai Indian Reservation.
18. Non-Tribal Members are not permitted to pick up cast antlers or sheep horns. Failure to comply with this Regulation will result in a fine of \$500.
19. No person shall carelessly handle any firearm which may result in human injury, death, or damage to property.
20. It shall be unlawful for any person to allow for wanton waste (i.e. any edible portion) of wildlife. Failure to comply with this Regulation will result in a fine of \$1,000.
21. Hunting is not permitted within a 1/4 mile of established buildings or occupied residences. Signs will mark 1/4 mile boundaries at areas surrounding the Grand Canyon West Facilities.
22. Aircraft are not to be used during the hunt.
23. The following devices and ammunition are prohibited for taking wildlife on the Hualapai Indian Reservation:
 - Semi-automatic center fire rifles with a magazine capacity of more than five (5) shells.
 - Crossbows
 - Fully automatic firearms including firearms capable of selective automatic fire - full jacketed or steel jacketed bullets
24. Successful Hunters are required to attach a big game tag (furnished by the Hualapai Game and Fish Department) to all harvested big-game animals (Deer, Elk, Turkey, Desert Bighorn sheep, Antelope, Javelina and Mountain lion).
25. Scouting prior to the hunt is prohibited unless accompanied by a Certified Tribal Guide. A Visitation Permit is required if a Hunter wishes to be in the field prior to his/her scheduled hunt.
26. All photos and videos taken during the hunt are to be for personal use only. Tribal Council approval and a tribal permit are required for all commercial film and printing, recording, photos, and videos for sale or profit.
27. To reduce the potential spread of infectious diseases (West Nile, Chronic Wasting, New Castles, etc.) Hunters who have hunted in a foreign country, shall not use those clothing articles worn during their foreign hunt, while hunting on the Hualapai Reservation.
28. No person shall take or attempt to take any species of wildlife with the use of jacklight or artificial light.
29. It is unlawful to possess while hunting, any contrivance designed to silence, muffle or minimize the report of a firearm.
30. All Hunters and Guides must comply with Tribal Law regarding drugs and alcohol.

31. In the case of a wounded animal during a hunt, a minimum of 48 hours is required for the search of the animal, prior to resuming the hunt. If the search time exceeds the hunt dates, the Client,

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APPROVED BY TRIBAL:

Guide and a Ranger must be present during search. If the animal is still alive, the Hunter may dispatch it.

32. If a Mountain Lion hunt occurs during a Trophy DBS, Trophy Elk, or Trophy Antelope hunt, the Tribal Guides for each hunt shall coordinate with each other.
33. A Hualapai Guide may contract with a Non-Tribal Houndsman for the purposes of conducting a Trophy Mountain Lion Hunt.
34. NonTribal Members are not eligible to collect Bounties from Coyotes and Mountain Lions.
35. Anyone buying antlers or other wildlife parts on the Reservation must first obtain a Tribal Buyers Permit and notify the Hualapai Game and Fish Department. Shed antlers may be purchased only during the dates when Hualapai Tribal members are permitted to collect shed antlers. Any skull with horns or antlers attached must have a Tribal tag attached prior to the sale/purchase. Within 10 (ten) days of the end of each month, the buyer shall provide a report to the Hualapai Game and Fish Department of each transaction in the prior month including: 1) The sellers name and address; 2) a description of items purchased; 3) the quantity of items purchased (in weight or number); and 4) the date of each purchase. All antler selling, or buying is prohibited from January 1 - March 31 of each year, unless such dates are amended by the Tribal Council.
36. Hunting Blinds must be taken down within 5 days after the hunt. Any Blinds left longer than 5 days will be considered abandoned and will be confiscated by the Hualapai Game and Fish Department.

The following Regulations pertain only to Tribal Members and their Spouses.
Tribal Members and their Spouses must have the appropriate permit in their possession.

37. Unless a different or other penalty or punishment is specifically prescribed, a Tribal Member or their Spouse who violates or fails to comply with these Regulations shall be assessed a minimum fine of \$250 up to \$5,000 through Tribal Court.
38. For the Tribal Member Deer Hunt, only one deer is permitted per hunt year per household.
39. Any and all activities which engage in searching for, collecting, or the selling of any shed antler are restricted to the following dates only: April 1 - December 31 of each year. A free use permit is required. A fine of \$250 shall be imposed for a violation of this regulation.
40. All antler harvesting, selling, or buying is prohibited from January 1 - March 31 of each year, unless such dates are amended by the Tribal Council.
41. Any skull with horns or antlers attached, must be tagged by Hualapai Game and Fish Department or the Natural Resources Department. Violation of this regulation shall be a civil offense.
42. Any untagged heads, horns, or antlers, other than shed antlers, remain the property of the Tribe and will be immediately confiscated by the Hualapai Game and Fish Department until the Tribe decides how said property will be disposed.
43. Only Tribal Members and their Spouses are eligible to collect Bounties from Coyote and Mountain Lion.
44. A Tribal Transportation permit is required when taking skulls or sheds off the Hualapai Reservation or traveling through the Hualapai Reservation.

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APPROVED BY TRIBAL:

FURBEARER PROCLAMATION

Trapping Season Information:

Date: October 1 - March 31

Bag Limit: Unlimited Furbearers (Coyotes, skunks, foxes, badgers, mountain, and bobcats)

Method: Steel-jawed traps with a minimum break-away device of 350lbs.

Weapon: Trappers can carry a small caliber weapon for dispatch.

Permits: Unlimited

Price: No fee for trapping permit \$3.00 for each CITES tag.

45. Pursuant to Section 6.5 (H) 3 (trapping Permits) of the Natural Resources Conservation Ordinance 24-70, Legal Animals for Tribal Members to trap include: Coyotes, skunks, foxes, badgers, mountain lion, and bobcats.
46. It is unlawful for any Trapper to:
- Set a trap within one-quarter (1/4) mile of any occupied residence or building without permission of the owner or resident or one-quarter (1/4) mile of any road maintained for public use.
 - Use any trap with teeth, a snare, or a foot hold steel trap with a jaw spread exceeding seven and one half (7 1/2) inches for land set.
 - It shall be unlawful for a person to disturb the trap of another, unless authorized in writing to do so by the owner.
47. A valid tribal permit is required to trap predatory and fur bearing animals on the Reservation. A Trapper must stay within his/her designated areas and follow the monthly rest rotation pattern set by the Natural Resources Department. Traps may be used to take such wildlife only during the trapping season established by these Regulations.
48. Every Trapper must inspect his traps daily. A trapper must release, without additional injury, all animals that he/she cannot lawfully take by trap. Every Trapper shall possess, while in the field, a device designed or manufactured to restrain trapped animals so that they can be removed from the traps when their release is required.
49. At the end of each year, every Trapper must file a complete written Trapping Report to the Hualapai Game and Fish Department. A Complete Trapping Report shall include: daily locations of traps, total traps, species taken, sex, and method of kill (ex. December 1st, 2011, coyote, make, buck and doe rd., leg hold trap). A violation of this Regulation will disqualify a Trapper from trapping the next year.
50. All Traps must be plainly identified with the name, address, and permit number of the owner and such markings of identification shall be filed with the Hualapai Game and Fish Department.
51. It is unlawful to possess and/or transport a bobcat hide or carcass without an attached Transportation Tag. Transportation Tags are available free of charge from the Hualapai Game and Fish Department.
52. All Bobcats must be presented to the Hualapai Natural Resources Department, WFP Program no later than 10 days after close of the furbearer season for CITES tagging. Only WFP personnel are authorized to tag bobcat pelts harvested on the Hualapai Reservation. CITES tags are \$3.00 each. CITES tags are required to be attached to all bobcats sold, offered for sell or exported from

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Arizona. The transportation tag previously completed and attached to the bobcat by the trapper (see #48) will be collected from the pelt or carcass at the time the CITES tag is attached.



WHAT: Deformed Antlered Elk Information Class

WHEN: *Aug 19-Aug 21* upon check in for Hunt

WHERE: Hualapai Game and Fish Department Patio.

Be sure to stop by. We will have many examples of Deformed Antlered Elk Skulls on display.

MEAT/GAME PROCESSORS NEAR HUALAPAI RESERVATION

- | | | |
|---|---|---|
| 1. Casey's Meat Processing
10101 Stardust Trail
Flagstaff, AZ 86004
928-s26-8348 | 2. Perkinsville Meat
3990 E. Perkinsville Rd.
Chino Valley, A286323
928-636-6679 | 3. Parkers Meat Processing
4870 S. Heckethorn Rd.
Flagstaff, AZ 86001
928-213-9947 |
|---|---|---|

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EDUCATION & TRAINING

Peach Springs Elementary School • February 2015 Events

Submitted by: Dr. Anthony Perkins | Peach Springs Elementary

PEACH SPRINGS ELEMENTARY SCHOOL

February 2015 Events

- February 5th: Progress Reports sent home with students.
- February 12th: Puberty class (5:30-6:30 p.m.) in Governing Board for Grades 5-8 parents/students. Food will be served.
- February 16th: No school-Presidents' Day.
- February 18th: NAEP Assessment for grades 4th and 8th only.
- February 19th: Head Start and Kindergarten Round-up (4:30-6:30 p.m. in Café). Parents, please bring your child's Birth Certificate, Immunization Record, and Tribal Enrollment Document. Food will be served.
- February 24th: 100th Day of School. Yeah! Let's keep pushing to the finish line.
- March 3rd: Governing Board meeting at 5:30 p.m. All are invited.

Our Lady Tigers are #1. Our Lady Tigers won the conference Championship on Saturday, January 31st. Congratulations ladies and to coaches Mr. Quasula and Ms. Schifano.



Our Vision is to create college and career ready Native Americans to be tomorrow's leaders in a rapidly changing world. Mu Wih!

Learn more at www.psusd8.org

FROM THE DESK OF THE SUPERINTENDENT
PEACH SPRINGS ELEMENTARY SCHOOL

Art Students of the Week

Submitted by: Cheryl Thomas | Peach Springs Elementary School

Alphonso Wescogame
2nd Grade

Carmelo Manakaja
2nd Grade

Daelian Walema
2nd Grade

Alize Davis
2nd Grade

Triton Powskey
4th Grade

Sharain Walker
2nd Grade

Dondre Benson
6th Grade

Cornell Powskey
6th Grade

Jonell Brown
6th Grade

Peter Garcia
6th Grade

Cheyenna Warbington
6th Grade



Contour Hands
by: Triton Powskey



Native Serpent
by: Dondre Benson



Mole
by: Cornell Powskey

The Top 5 Career Readiness Skills

Submitted by: Jean Imus | Hualapai WIA Program | www.mytrainingnow.com



In order to be "career ready" for any job you need a set of skills that are transferable to any career path. These skills go beyond degrees, training, qualifications and experiences and are desirable across all employment sectors. Here are the top 5 career readiness skills employers are looking for.

1. Critical Thinking/Problem Solving

The ability to analyze information and apply logic and creativity to solve problems is highly valued by employers. Employers are looking for those that think outside the box.



2. Teamwork/Collaboration

Employers are looking for those that work well with others and have the team goals in



mind, versus only caring about yourself and your own individual agenda. Good collaborators listen to co-workers' opinions with an open mind and offer constructive suggestions.

3. Good Communication Skills

Good communications skills are invaluable in the workplace for many reasons. Whether it be in writing or orally, skilled communicators are able to clearly and concisely articulate their point without being aggressive. Good communicators can change their communication style

to suit any task and are able to develop good working relationships with coworkers.

4. Strong Work Ethic

Employers want people who are dependable and willing to go the extra mile to get the job done. Those with a strong work ethic need minimum supervision or motivation and always take pride in their work.



5. Adaptability/Flexibility

Change is inevitable. Employees who are able to adapt to the situation at hand are highly valued over those resistant to change. Employers are looking for those willing to step outside their comfort zone with a positive can-do attitude.

Gamyu Newsletter Important Dates

Gamyu articles are due every other **FRIDAY(S)**, the week before tribal pay week by 5:00 p.m. Please remember to attach an Information Sheet with your articles and no ANONYMOUS submissions please.

Article Deadline:

Friday, March 6th

Next Publication:

Friday, March 13th

Kevin Davidson,
Planning Director

Adult WIA Program Training Announcement

Submitted by: Jean Imus | Hualapai WIA Program



The Hualapai W.I.A. Program is accepting application for 2015 which can be picked up at the Hualapai Education & Training Center

The following documents are required when submitting your application:

Birth certificate; Certification of Indian blood (CIB); Social Security Card; Income Verification; Household Verification; School Transcripts; Food Stamps Award Letter; Diploma; Selective Service card.

**Applications will be accepted until
all slots have been filled.**

*An Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to Individuals with disabilities. TTY/TDD: 711

2015 BIA Truxton Canon/Southern Paiute Wildland Fire Training

Submitted by: Melvin Hunter, Sr. | BIA Truxton Canon Agency

2015 BIA Truxton Canon/Southern Paiute Wildland Fire Training

The 2015 Wildland Fire Season is on its way and we are looking for highly motivated individuals willing to work strenuous shifts, maintain a positive attitude, and to be a team player. Keep in mind fire is unpredictable so shifts include weeks away from home and working holidays.

What is Wildland Fire?

A wildland fire is an unwanted ignition which consumes available fuels (grass, trees, and shrubs) by crawling, creeping, jumping, and running before smoldering to rest. Unwanted fires are the results of Yellow Stone Fires (1988), Rodeo-Chediski Fire (2002), Wallow Fire (2010) and most recently on the Hualapai Reservation the Black Canyon Fire (2012).

What causes a Wildland Fire?

There are two types of ignitions 1) "anthropogenic" the results of human activity such as playing with matches, dropping cigarettes, embers from chimneys, unattended camp fires, and sparks from machines 2) natural ignitions are from volcanic activity and lightning.

How do I apply?

Contact staff at Branch of Forestry or stop by the office for application and nomination form for trainings. The process for employment is to complete; 1) Drug test 2) Physical Exam if your 45 years or older (Optional Form 178) 3) Southwest Firefighter Application 4) Health Screen Questionnaire 5) Work Capacity Test (WCT): Informed

The position which you are applying for will determine the WCT as Pack test, Field test, or Walk test.

What will I Do?

You will be a part of a 20 man hand crew made up of a Crew Boss, Squad Bosses, and Sawyers. On the other hand, you may be working on a wildland fire engine, Depending on experience and qualifications your position may vary.

Required

- DOI Drug Testing is required; test must include the five drugs: marijuana, cocaine, opiates, amphetamines and phencyclidine. Drug testing is provided by the applicant with a copy of verification to the Branch of Forestry.
- For pack test dress in gym clothes with walking or running shoes.
- Wildland Fire boots are required with Vibram sole with 8 inch top.

Course Number:	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/Fax/Email
	CPR/1 st Aide	Mar 2	Mar 4	St. George, Ut Branch of Forestry	0830 to 1630	Melvin Hunter, Sr. Phone: (928) 769-3308 Melvin.Hunter@bia.gov
RT-130 WCT	Annual Fireline Re-fresher / Work Capacity Test	N/A	Mar 5	St. George, Ut Branch of Forestry	0830 to 1630	Melvin Hunter, Sr. Phone: (928) 769-3308 Melvin.Hunter@bia.gov
	CPR/1 st Aide	Mar 9	Mar 11	Brand of Forestry	0830 to 1630	Melvin Hunter, Sr. Phone: (928) 769-3308 Melvin.Hunter@bia.gov
RT-130 WCT	Annual Fireline Re-fresher / Work Capacity Test	Mar 10	Mar 12	St. George, Ut Branch of Forestry	0830 and 1630	Melvin Hunter, Sr. Phone: (928) 769-3308 Melvin.Hunter@bia.gov
I-100, S-130, S-190, L-180	Basic Firefighter training	Mar 11	Mar 16 — Mar 20	Brand of Forestry	0800 to 1630	Melvin Hunter, Sr. Phone: (928) 769-3308 Melvin.Hunter@bia.gov
RT-130 WCT	Annual Fireline Re-fresher / Work Capacity Test	Mar 24	Mar 26	Brand of Forestry	0830 to 1630	Maynard Mahone Phone (928) 769-3310 Maynard.Mahone@bia.gov
RT-130 WCT	Annual Fireline Re-fresher / Work Capacity Test	Mar 30	Apr 1	Brand of Forestry	0830 to 1630	Maynard Mahone Phone (928) 769-3310 Maynard.Mahone@bia.gov

Course Number:	Course Title:	Nomination Due:	Course Date:	Location:	Time:	Coordinator Phone/Fax/Email
	CPR/1 st Aide	Apr 6	Apr 8	St. George, Ut Branch of Forestry	0800 to 1630	Melvin Hunter, Sr. Phone: (928) 769-3308 Melvin.Hunter@bia.gov
WCT	Work Capacity Test	N/A	Apr 9	St. George, Ut Branch of Forestry	0830 and 1630	Maynard Mahone Phone (928) 769-3310
RT-130	Annual Fireline Re-fresher			Branch of Forestry	0830 and 1630	Maynard Mahone Phone (928) 769-3310 Maynard.Mahone@bia.gov
RT-130 WCT	Annual Fireline Re-fresher / Work Capacity Test	N/A	Apr 9	Branch of Forestry	0830 and 1630	Maynard Mahone Phone (928) 769-3310 Maynard.Mahone@bia.gov
RT-130	CPR/1 st Aide	Apr 27	Apr 29	Branch of Forestry	0830 to 1300	Maynard Mahone Phone (928) 769-3310 Maynard.Mahone@bia.gov
RT-130 WCT	Annual Fireline Re-fresher / Work Capacity Test	Apr 28	Apr 30	Branch of Forestry	0830 and 1300	Maynard Mahone Phone (928) 769-3310 Maynard.Mahone@bia.gov
I-100, S-130, S-190, L-180	Basic Firefighter Training	May 27	June 1 thru June 5	TBD	0800 to 1630	Melvin Hunter, Sr. Phone: (928) 769-3308 Melvin.Hunter@bia.gov
S-212	Wildland Fire Saws	May 27	June 2 thru June 5	TBD	0800 to 1630	Melvin Hunter, Sr. Phone: (928) 769-3308 Melvin.Hunter@bia.gov
S-215	Wildland Fire Urban Interface	TBA	TBA	TBA	TBA	Melvin Hunter, Sr. Phone: (928) 769-3308 Melvin.Hunter@bia.gov
S-230	Crew Boss (Single Resources)	TBA	TBA	TBA	TBA	Melvin Hunter, Sr. Phone: (928) 769-3308 Melvin.Hunter@bia.gov

CLASSES AVAILABLE ONLINE AND CAN BE FOUND AT THE LINK BELOW

Required Trainings: IS -700a, ICS 100, and ICS 200 (Single Resource Only) FEMA National Incident Management System Link: <http://training.fema.gov/emiweb/is/is700a.asp>

The online training is a self-study course; upon completion please submit your certificates to TCA.

National Wildfire Coordinating Group (NWCG) Training and Qualifications Link: <http://training.nwcg.gov/courses.html>.

Required Rookie Training includes: I-100, S-190, and S-130, and L-180. NOTE: S-130 and L-180 Also offered Online.

I-100; Introduction to the Incident Command System (2006), required

S-110; Basic Wildland Suppression Orientation (2003), required

S-130; Firefighter Training (2003), required

S-190; Introduction to Wildland Fire Behavior (2005), required

S-290; Intermediate Wildland Fire Behavior (2010), recommended for Squad Boss Trainee and Qualified

TCA - Branch of Forestry, 1130 Mesa View Dr. Peach Springs, AZ86434 PH:928.769.2312 FAX: 928.769.2326 HRS: M-F,0800-1630

SPA - Fire Management, 180 N 200 E suite 111, St. George, UT 84770 PH: 435.574.9720 FAX 435.674.9714 HRS: M-F 0800-1630

HEALTH & SAFETY INFORMATION

Attention: CHR Program Patients • Patients Right Letter

Submitted by: Brook Bender | Hualapai Health & Wellness



HUALAPAI HEALTH EDUCATION AND WELLNESS

Date: February 19, 2015

To: CHR Program Clients

From: Brook Bender, CHR Supervisor

David Brehmeyer, Acting Director

Re: Patients Right

It has come to our attention that some clients may be continuing to receive care from a former CHR. Although it is your right to receive this type service or assistance from any community member, if you are being assisted by someone who is not affiliated with an actual organization (HEW, IHS, etc.) and you encounter any problems or have concerns, our program will be unable to assist you in resolving those issues.

The decision to refuse services from any community member, who is working in a caregiver capacity, needs to be done by the client or a family member.

The CHR Program is held accountable to HEW administration and ultimately IHS. The program has policies and procedures that guide them in addressing client needs and concerns.

Our program has your best interest at heart, and we strive to meet all your needs. The CHR Program is here to educate, advocate, and help you to manage any health concerns you may have.

If you have any question or concern, please contact myself Brook Bender at (928) 769-2207 Ext. 211.

Thank you

CHR News

Submitted by: Brook Bender | Hualapai Health & Wellness

CHR NEWS

Transportation Requests

The CHR Program has a protocol for Transportation Requests. The CHR Policy and Procedures state, "Due to the importance of keeping the Community Health Representatives in the community to be the safety net for the high-risk persons, transportation shall be provided only as a means of last resort. CHRs shall not duplicate the responsibility of any other transportation resources unless that resource is not available. Transports shall be restricted to routine, non-emergency medical visits."

- All transportation requests should be made to the transportation program.
- If transportation is unavailable or your request is denied, contact the CHR program.
- The CHRs will make every effort to contact the transportation program staff to confirm or fit your request for transportation into their schedule.
- If transportation can't fulfill your request, then the CHR program will be able to assist you.
- If the person requests transportation to the local clinic this request must be fulfilled; However, rides to the store, court, post office and other areas shall only be provided if the transportation service is not available, and the CHR chooses the opportune time for the transport, not the client.
- No person shall be turned down for a ride to the clinic for medical care. If transportation services are not available, the CHR will take the client to their appointment.
- The CHR program does not provide emergency medical transports. That is for the highly trained faculty of the EMS program.

Thank you,
CHR Staff

Coping With Suicidal Thoughts

Submitted by: Antonia Cogburn | Hualapai Education & Wellness

A message from Mike Kufeld, Clinical Supervisor Hualapai Department of Health & Wellness

We want to help the Hualapai community members understand what you can do when you are having thoughts of suicide. You might be feeling that your situation is hopeless, you might be feeling alone, and you might feel that there is no way out.

I want to tell you that there is HOPE. You're not alone; many of us have had suicidal thoughts at some point in our lives. Feeling suicidal doesn't mean that you are crazy, or weak, or flawed. It only means that you have more pain than you can cope with right now. This pain seems overwhelming and permanent at the moment. But with time and support, you can overcome your problems and the pain and suicidal feelings will pass.

Coping with suicidal thoughts: Cited from © Helpguide.org. All rights reserved. This site is for information only and NOT a substitute for professional diagnosis and treatment.

Step #1: Promise not to do anything right now. Even though you're in a lot of pain right now, give yourself some distance between thoughts and action. Make a promise to yourself: "I will wait 24 hours and won't do anything drastic during that time." Or, wait a week.

Thoughts and actions are two different things-your suicidal thoughts do not have to become a reality. There's no deadline, no one pushing you to act on these thoughts immediately. Wait. Wait and put some distance between your suicidal thoughts and suicidal action.

Step #2: Avoid drugs and alcohol. Suicidal thoughts can become even stronger if you have taken drugs or alcohol. It is important to not use drugs or alcohol when you feel hopeless or are thinking about suicide.

Step #3: Make your home safe. Remove things you could use to hurt yourself, such as pills, knives, razors, or firearms. If you are unable to do so, go to a place where you can feel safe. If you are thinking of taking an overdose, give your medicines to someone who can return them to you one day at a time as you need them.

Step #4: Take hope-people DO get through this. Even people who feel as badly as you are feeling now manage to survive these feelings. Take hope in this. There is a very good chance that you are going to live through these feelings, no matter how much self-loathing, hopelessness, or isolation you are currently experiencing. Just give yourself the time needed and don't try to go it alone.

Step #5: Don't keep these suicidal feelings to yourself. Many of us have found that the first step to coping with suicidal thoughts and feelings is to share them with someone we trust. It may be a friend, a therapist, a member of the clergy, a teacher, a family doctor, a coach, or an experienced counselor at the end of a helpline. Find someone you trust and let them know how bad things are. Don't let fear, shame, or embarrassment prevent you from seeking help. Just talking about how you got to this point in your life can release a lot of the pressure that's building up and help you find a way to cope.

If you need to talk please call us at 928-769-2201. Our office hours are 8 a.m.-5 p.m. We are here to help you but we cannot help if we do not know about how you are feeling. After hours calls go to our protocol service at the same number. If their counselor cannot resolve the situation our on call counselor will be contacted to further assist you.

Community Self Help Meetings

Submitted by: Hualapai Planning Department

Community Self Help Meetings

2/11/2015

Monday	Time	Location
Recovery Parenting	6:00-7:00 p.m. 6:00-8:00 p.m.	HEW HEW
Tuesday	Time	Location
Matrix Batterer's Intervention Youth Council	3:00 - 5:00 p.m. 6:00 - 8:00 p.m. 7:00 - 9:00 p.m.	HEW HEW HEW
Wednesday	Time	Location
AA	12:00 - 1:00 p.m.	Old Clinic
Thursday	Time	Location
Matrix Women's Support Group	10:00 - 12:00 p.m. 6:00 - 8:00 p.m.	HEW Social Services
Friday	Time	Location
Wellbriety (teens) AA	9:30 a.m. 3:30 - 4:30 p.m.	HEW Old Clinic



Co-parenting for
Successful Kids



From the Heart • If You Have Diabetes You are at Risk for Heart Disease*Submitted by: Emmeline Powskey | Hualapai Healthy Heart Program*

If you have
Diabetes
you are at risk for
**Heart
Disease**



Ken Williams (Seneca) has diabetes and heart disease. He knows he can take steps to help his heart.

Please, take care of your heart!

Toni Williams' (Northern Arapaho) husband was just diagnosed with diabetes. Toni knows about diabetes. She is the Diabetes Coordinator for the Indian Walk-In Center in Salt Lake City, Utah. She has diabetes too. What was the first thing to come to Toni's mind when she found out her husband Ken (Seneca) had diabetes? "I was so worried about his heart," says Toni.

Toni knows the complications of diabetes. People who have the disease must take good care of their feet, eyes, kidneys, hearts, and teeth. Although all the complications worry her, it is heart disease that worries her the most.

"Your risk for heart disease is much greater if you have diabetes. A person with diabetes is at least twice as likely to have heart disease or a stroke as a person without diabetes," she explains.

Before Ken found out he had diabetes, he had two heart attacks. "They were sudden. He was flown by helicopter to the hospital. It was scary," remembers Toni.

Toni does not want this to happen again. She does not want others with diabetes to go through such a frightening experience. There are things you can do to take care of your heart. Find out as much as you can about heart disease. This is your first step to having a healthy heart. ❖



Questions & Answers

About Heart Disease

What is heart disease?

Heart disease is a group of heart problems that includes heart attacks and heart failure. **Heart disease is the number one cause of death for Native Americans.**

Who gets heart disease?

People with one or more risk factors are more likely to get heart disease than people who don't have any risk factors. Some risk factors cannot be changed and some can.

What are risk factors that you cannot change?

These are the risk factors that you cannot change:

- Having diabetes.
- Being over age 40.
- Having family members with heart disease, especially a mother, father, brother, or sister who developed heart disease at a young age (under 55 for men and under 65 for women).

What are risk factors that you can change?

These are the risk factors that you can change:

- Smoking or chewing tobacco.
- Having high blood pressure that is not controlled.
- Having high LDL cholesterol that is not treated.
- Being inactive.
- Being overweight.

How can you reduce your risk?

There are things you can do to reduce your chances for getting heart disease:

- Don't smoke or chew tobacco.
- Keep blood pressure under control.
- Keep LDL cholesterol at healthy levels.
- Take aspirin if your health care provider prescribes it.
- Eat healthy foods.
- Be physically active.
- Lose weight if you are overweight.
- Find good ways to reduce stress.

Should you take aspirin?

People who have heart disease or are at high risk for developing it may benefit from taking aspirin. But you should discuss this with your health care provider before taking aspirin.

What about blood sugar?

Controlling blood sugar has some long term benefit for the heart. It has more benefit for the eyes, kidneys and nerves. Check your blood sugar and A1C as recommended by your health care provider.

MORE →

IF YOU HAVE ANY QUESTIONS ABOUT HEART DISEASE, DIABETES, HIGH BLOOD PRESSURE, NUTRITION, AND/ OR EXERCISING PLEASE STOP BY HEALTHY HEART OR CALL THEM @ 769-1630.

What about high blood pressure?

High blood pressure makes your heart work too hard. You may not know if your blood pressure is high, so check it often. Ask your health care provider what your blood pressure goal should be. If you have high blood pressure, these are the things you need to do:

- Check your blood pressure often.
- Take your blood pressure pills as prescribed.
- Cut down on salt and salty food.

What about high LDL cholesterol?

Cholesterol is a type of fat in the blood. Bad cholesterol, or LDL, can build up and clog the blood vessels. Clogged blood vessels can lead to heart disease. Here are things you can do to lower your LDL:

- Get your cholesterol checked at least once a year.
- Take your cholesterol medications as prescribed.
- Don't smoke or chew tobacco.
- Eat less meat and fried food.
- Eat more fruits and vegetables.
- Be physically active.
- Lose weight if you are overweight.

Ask your health care provider about your LDL number. Ask for an LDL goal number. Some people may need medicine to help lower their LDL cholesterol.



Know your numbers

Your health care provider can check your blood pressure, and order a simple test to check your LDL cholesterol. People with prediabetes, diabetes, and heart disease need these. Find out your numbers and keep a record. Ask your health care provider what numbers or goals are best for you.

[illegible]

Produced by IHS
Division of Diabetes Treatment
and Prevention, 4/2013

Do you **HAVE DIABETES**, **HAVE A CHANCE OF DEVELOPING DIABETES**, or even wanting to **PREVENT DIABETES**?

Many times when dealing with diabetes or even the thought of becoming diabetic you can feel as though you have no control of the outcome, especially when it is told that it is hereditary. The truth is **IT IS NOT TOO LATE TO MAKE A POSITIVE CHANGE, EVEN IF YOU HAVE ALREADY DEVELOPED DIABETES.**

BOTTOM LINE: HUALAPAI NATION YOU HAVE MORE CONTROL OVER YOUR HEALTH THAN YOU THINK.

Sometimes, going out and talking with someone who can help or even doing your own research **CAN** be the hardest, especially when you have a family, or have negative feelings that you developed diabetes. You hear terms like carbohydrates (carbs), blood glucose, fiber, moderation, A1C and many other terms that you're **SUPPOSED** to know. Most people don't carry around a dictionary or don't give much thought to what certain terms mean when talking about diabetes. But, they know they are important.

To make informed decisions in regards to your life and the lives of your kids, mothers, fathers, and anyone that is important in your life, these terms are important to know **AND** understand.

Becoming better educated about Diabetes is what can make the most difference in managing or preventing diabetes. By becoming "**EDUCATED**" doesn't mean going to college or becoming a health practitioner, but knowing facts and asking questions to your doctor or even a program such as Healthy Heart. It's **YOUR** body.

Facts such as:

DIABETES is a long-term condition that causes high blood sugar levels.

A1C: A BLOOD TEST that provides information about a person's average levels of blood glucose (blood sugar), over the past 3 months. Sometimes called hemoglobin A1c, HbA1c, or glycohemoglobin test.

An A1C test result is reported as a **PERCENTAGE**.

Type 1 Diabetes - the Body **DOES NOT** produce insulin.

Type 2 Diabetes - the Body does not produce **ENOUGH** insulin for **PROPER FUNCTION**.

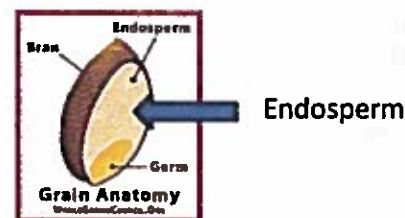
Diagnosis	A1C Level
Normal	Below 5.7 %
Chance of developing Diabetes	5.7% to 6.4 %
Diabetes	6.5% or above

The most important thing that can help in managing or preventing diabetes is knowing **WHAT YOU EAT** and, **HOW** it directly affects your body, in addition to the importance of exercise.

Carbohydrate is another word for sugars. There are 3 main carbohydrates in foods: Starches, Sugars, and Fiber.

Foods that have a high amount of Starch include:

- Peas, corn, lima beans and potatoes, dried beans, lentils and peas such as pinto beans, kidney beans, black eyed peas and split peas and grains like oats, barley and rice.
- Whole grain means that the entire grain kernel is in the food.
- The Endosperm is the Starch.



When looking at Sugars in food there are 2 main types:

- **Naturally Occurring Sugars**-those that are in milk and fruit
- **Added Sugars**-those that are added during processing (syrup in fruit cups) and added to food when cooking (cookies)
- Here are some examples of common names: table sugar, brown sugar, molasses, honey, beet sugar, cane sugar, confectioner's sugar, powdered sugar, raw sugar, turbinado, maple syrup, high-fructose corn syrup, agave nectar and sugar cane syrup
- You may see the chemical name for sugar **SUCROSE**

The last main carbohydrates in foods are **FIBER**.

- Comes from **PLANT FOODS** and are **NOT** found in animal sources such as milk, eggs, meat, poultry, and fish.
- The **INDIGESTIBLE** part of plant foods: fruits, vegetables, whole grains, nuts and legumes. Most of it passes through the intestines and is **NOT** digested
- Helps to keep you regular, and helps to make you feel full and satisfied
- Beans and legumes such as black beans, kidney beans, pintos, chick peas (garbanzos), white beans, lentils, and fruits and vegetables, especially those with edible skin (for example, apples, corn and beans) and those with edible seeds

(berries), whole wheat pasta, whole grain cereals, whole grain breads (look for breads where the first ingredient is a whole grain.) Many grain products now have "double fiber" with extra fiber added. Nuts, peanuts, walnuts and almonds are a good source of fiber and healthy fat, eat small portion sizes, because they contain a lot of calories in a small amount.

- Additional health benefits- such as a reduction in cholesterol levels -

Since a lot of food is processed there are many names that are written on the package that are too confusing or you never even heard of. This can be intimidating and can lead a lot of people to just "get the one that sounds healthier." Then, knowing how much to eat is even harder because serving sizes are way smaller than we usually eat and we get to the point where we say to ourselves "I'm going to eat more because it healthy, so I am eating healthy."

Digestive System starting with mouth, throat, esophagus, then stomach, small intestine, liver and gallbladder, pancreas, and ending with the large intestine

Your digestive system changes carbohydrates into glucose (sugar) for **ENERGY** for your cells, tissues, and organs. Your body stores any extra sugar in your **LIVER AND MUSCLES** for when it is needed.

When you continue to consume all these **CARBOHYDRATES** your **DIGESTIVE SYSTEM** needs time to send it all to the right places. In addition to not exercising, not consuming enough **WATER** to help your digestive system can affect how well your digestive system is breaking down your food. Then, there is more and more extra sugar and unneeded fat that is stored in your body. When our families were given commodity or food that was "inexpensive" to the government we weren't given the healthy choices but the choices that were easily "made" and those were usually with chemicals and "fake" ingredients. In time our families got used to making foods that they needed to stay alive, now we are suffering from the after effects of the foods our families were given to "stay alive." Type II Diabetes is the modern age epidemic that has taken a hold onto our families.

About 2 to 3 generations ago, Native Americans did not know what diabetes was. This disease has swept across Native Country so fast and silently that it has become "normal" to have diabetes when in actuality IT IS NOT. In 2010 the Census Bureau had an estimate of 5.2 million American Indian/Alaskan Natives. According to the American Diabetes Association, in 2014, 95% of Native Americans have diabetes. (Since 2010 this number has either risen or declined)

Diabetes In the Native American Population
5.2 million



Diabetes has greatly affected our Hualapai Nation so greatly that our Nation is losing more and more people due to this **TREATABLE** illness. As small as the Hualapai Nation is, our history proves that Hualapai is able to overcome **DIABETES**.

BOTTOM LINE: IT IS NOT TOO LATE TO START MAKING SMALL POSITIVE CHANGES IN OUR HEALTH. OUR HUALAPAI NATION HAS MORE CONTROL OVER OUR HEALTH THAN WE KNOW.

For more information about diabetes or how you can prevent diabetes, come to the Healthy Heart department or call 769-1630. Also, Diabetes Prevention (Fitness Center) behind the gym or call 769-2644.

Diagnosing Diabetes: Last Reviewed 9/22/14, Last Edited 9/22/14

www.diabetes.org/diabetes-basics/diagnosis

Diabetes Diet and Food Tips: Last Updated 12/2014

www.helpguide.org/articles/diet-weight-loss/diabetes-diet-and-food-tips.htm

Carbohydrates: Last Updated 1/6/2015

www.nlm.nih.gov/medlineplus/carbohydrates.html

Dietary Fiber: Last Updated 1/6/2015

www.nlm.nih.gov/medlineplus/dietaryfiber.html

Soluble Fiber/Insoluble Fiber: Last Updated 9/2/2012

www.nlm.nih.gov/medlineplus/ency/article/002136.html

What is Diabetes? What Causes Diabetes?

www.medicalnewstoday.com/info/diabetes

Colorectal Cancer Awareness Month

Submitted by: Health Education | Peach Springs Health Center

Screening for Colorectal Cancer

It's the
Right
Choice

Of cancers that affect both men and women,
colorectal (colon) cancer is the

#2

cause of cancer deaths in the U.S.

But it doesn't have to be.

Screening tests can find this cancer
early, when treatment works best.

28 million
Americans are not
up-to-date on screening.

About
51,000 people
die from colorectal cancer
each year.



Screening can find
polyps (abnormal growths)
so they can be removed
before turning into cancer.



Recommended screening
could prevent at least
60%
of these deaths!

Screening should start at **50**
and continue until age **75**
for most men and women.

There's More Than One Test.
You Have a Choice!

Every 5
years

with FOBT
every 3
years

Flexible sigmoidoscopy

The doctor looks for polyps or cancer in
the rectum and lower third of the colon.

Once a
year

High-sensitivity fecal occult blood test (FOBT):

You do this test at home and send stool
samples to a doctor's office or lab.

every 10
years

Colonoscopy

The doctor looks for polyps or cancer
in the rectum and the entire colon.

Colon cancer or polyps may not
cause symptoms, especially early on.
Don't wait for symptoms before you get screened!

Talk to your doctor if you or a close relative have:

- inflammatory bowel disease, Crohn's disease, or ulcerative colitis.
- A personal or family history of colorectal cancer or colorectal polyps.
- A genetic syndrome such as familial adenomatous polyposis (FAP) or hereditary non-polyposis colorectal cancer (Lynch syndrome).

If you have any of these risks, you may
need to start screening before age 50
and be tested more often than other people.



For more information:
www.cdc.gov/cancer/colorectal/

COMMUNITY MESSAGES

Tribal Truancy Code

Submitted by: Hualapai Planning Department

PLEASE PLAY CLOSE ATTENTION

THE HUALAPAI TRIBAL COUNCIL ENACTED THE TRIBAL TRUANCY CODE IN AN EFFORT IN ENSURE ALL MINOR CHILDREN STAY IN SCHOOL. THE MAXIMUM SENTENCE THAT MAY BE IMPOSED ON A PARENT CAN BE UP TO 30 DAYS IN JAIL OR A \$1000 FINE.

IT IS IMPORTANT THAT ALL PARENTS ENROLL THEIR CHILDREN IN SCHOOL SETTING WHETHER IT IS PUBLIC SCHOOL, ALTERNATIVE SCHOOL, ON-LINE SCHOOL, OR BOARDING SCHOOL. MINOR CHILDREN ARE NOT ADULTS AND ARE NOT COMPLETELY RESPONSIBLE FOR THEIR OWN EDUCATION. THE EDUCATION OFFICE WILL BE WORKING CLOSELY WITH THE LOCAL SCHOOL TO IDENTIFY YOUTH WHO SHOULD BE ATTENDING SCHOOL.

ON-LINE SCHOOL THROUGH GRADUATE SOLUTIONS IS NOW AVAILABLE AT THE TRAINING CENTER FOR AGES 14-21. CALL OR COME SEE SHERI YELLOWHAWK AT THE TRAINING CENTER FOR MORE INFO. 769-2200



GED Information

Submitted by: Hualapai Planning Department

ATTENTION ALL INDIVIDUALS - AGES 16 YEARS OF AGE AND OLDER!

IS YOUR NEW YEARS RESOLUTION TO OBTAIN A GED? IF NOT, MAKE IT ONE!

COME ON INTO THE TRAINING CENTER OR GIVE US A CALL TO MAKE AN APPOINTMENT TO TAKE THE ACTUAL GED PRACTICE TEST TO SHOW YOUR SCORES IF YOU TOOK IT.

IT'S FREE OF CHARGE FOR HUALAPAI TRIBAL MEMBERS AND \$30.00 FOR NON-MEMBERS. UPON COMPLETION, WE WILL EITHER SET UP AN ACTUAL OFFICIAL TEST DATE OR INDIVIDUALIZED TUTORING SESSIONS.

LET'S GET SERIOUS FOR 2015! CALL 769-2200 FOR MORE INFORMATION.

IT'S THE REAL TEST WITH ACTUAL SCORING!



Thank You

Submitted by: Danielle Bravo

I started as a twinkle in my loving parents eyes, and everyday I'm growing out of the newborn baby size. I can hardly wait to show the world the person I will become and for giving me a head start. I thank you, everyone for the gifts you gave and the knowledge that you'll share will remind me just how blessed I am with people like you who care.- Lilly

We thank you for your presence, the lovely baby gifts, and of course for your time and effort it took to bring the shower together. I know my Tiger Lilly will get a lot of use out of them. Your generosity and thoughtfulness is appreciated. Your friendship and loving wishes for our growing family is the gift I cherish most. Thank you all again.

*From Lillian, Lawrence,
Danielle & Marco*

